Federation of State Physician Health Programs

Better Together

DRAFT **NORTHEAST REGIONAL MEMBER MEETING AGENDA**
Thursday, December 3, 2026
9am – 1pm Eastern; 8am - 12pm Central; 7am - 11am Mountain; 6am - 10am Pacific

FSPHP Regional Member Meetings are open to all member types.

AGENDA IS IN EASTERN TIME ZONE & IS SUBJECT TO CHANGE.

9:00AM **Welcome and Introductions**
FSPHP Regional Directors: Mark Albanese, MD & Molly Rossignol, DO
Welcome New Members & Introductions
- Review of the agenda
- A word from our Educational Sponsors:

9:30AM **FSPHP Spotlight: National Priorities Shaping the Region**
FSPHP President: Edwin Kim, MD, FAPA, MRO
FSPHP Executive Director & CEO: Linda Bresnahan, MS

10:00AM **Round Robin: What's Challenging You Most – Staffing, Finances or Something Else?**
In this round robin, each member program or organization will briefly share one key challenge or concern that they are currently facing related to **staffing, finances**, or another area **of your choice**. As you prepare your comments, consider the questions: ***What worries you? What gives you hope?***

Please briefly describe that concern and its impact on your work, team, or organization. You do not need to have solutions. The purpose of this round robin is to share what is on our minds, identify common themes, and better understand where challenges and support needs may exist across the group.

To ensure everyone has an opportunity to contribute, we will move around the group so that each program/organization has a chance to speak once before anyone speaks a second time.
*Each participant will have approximately **2–3 minutes** to speak. This timeframe may be shortened or extended depending on attendance and the overall flow of the discussion.*

If time permits, after the initial sharing, we will take some time to explore possible approaches and solutions together. This may include highlighting what has worked in other settings, brainstorming options, or identifying areas for future collaboration.

11:15AM **Break**

11:30AM **Complex Mental Health & Behavioral Cases: Challenges, Patterns, and Perspectives**
Mark Albanese, MD & Molly Rossignol, DO
Complex mental health and behavioral cases often raise more questions than answers. As providers encounter individuals with increasingly multifaceted needs, traditional diagnostic categories and treatment approaches do not always capture the full picture. This facilitated discussion will explore the growing complexity of cases involving co-occurring mental health concerns, behavioral challenges, trauma histories, and other contributing factors that can complicate assessment, engagement, and support.

Using brief case vignettes to guide conversation, participants will have the opportunity to reflect on challenging situations, share observations from the field, and learn from the collective experience of their peers. Together, we will explore emerging patterns, common barriers, and practical approaches for working with individuals whose needs extend beyond traditional treatment models. Through open dialogue and shared learning, this session aims to deepen understanding, spark new perspectives, and identify strategies for navigating complexity in today's behavioral health landscape.

12:50PM **Wrap Up & Closing Remarks**

Thank you to our Educational Grant Sponsor!

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