



# Federation of State Physician Health Programs

## FSPHP Insights

August 21, 2025



### JAMA Article Highlights PHS as Transformative Tools for Physician Well-Being

A recent article entitled, *Reducing Barriers to Mental Health Care for Physicians - An Overview and Strategic Recommendations*, in the *Journal of the American Medical Association (JAMA)* highlights the life-saving impact of Physician Health Programs (PHPs), with FSPHP Chief Medical Officer, Dr. Chris Bundy emphasizing their role in restoring well-being and professional function. The Tennessee Medical Foundation (TMF) is also featured as a model for mental health support.

[Read the full article](#)



### FSPHP Open Forum Leadership Series – Aug 27

Join us on **August 27, 12–1 PM ET** for the next **FSPHP Open Forum Leadership Series** meeting, facilitated by **Dr. Molly Rossignol**, Northeast Regional Director and Medical Director of the New Hampshire Professionals Health Program. These informal Zoom sessions offer PHP leaders a space to:

- Connect with peers
- Share insights and updates
- Collaborate on emerging issues

No agenda, no minutes—just open, honest conversation.

**Eligibility:** Open to FSPHP PHP Members in leadership roles.

[Learn more and register](#)



### Volunteer Opportunity: Facilitate a 2026 FSPHP Open Forum Leadership Series Meeting

FSPHP is seeking volunteers to **facilitate next year's Open Forum Leadership Series meetings**—a valuable space for members to connect, share insights, and strengthen our community.

These informal Zoom-based discussions are designed for **FSPHP Member PHP leaders** to exchange best practices, foster collaboration, and address key issues in physician and

professional health. No agendas, presentations, or minutes—just open, meaningful dialogue.

Facilitators must be a **State, Associate, or International Member** and part of their PHP's leadership team (executives, directors, department heads).

Interested in supporting peer engagement?

✉ Email: [ssavage@fsphp.org](mailto:ssavage@fsphp.org)

🔗 Learn more: <https://www.fsphp.org/open-forum-leadership-series>



## FSPHP E-Lists: A Valued Member Benefit and Trusted Space for Collaboration!

The **FSPHP E-lists** are among the most valued and frequently used benefits of membership. These platforms offer a unique space for connection, collaboration, and knowledge-sharing among professionals dedicated to physician health. We are truly grateful for your thoughtful participation and the respectful dialogue that takes place within these groups.

As a reminder, maintaining **confidentiality** is essential when engaging in E-list discussions. Please ensure that any clinical material shared is fully **de-identified**. Our community is small and closely connected, and even well-intentioned case details can inadvertently compromise privacy.

FSPHP currently maintains **three distinct E-list groups**, each designed to support specific types of communication:

- [FSPHP-ALL-MEMBERS@fsphp.memberclicks.net](mailto:FSPHP-ALL-MEMBERS@fsphp.memberclicks.net)  
Open to all member types, this list is ideal for sharing articles, research, educational opportunities, and news relevant to the field of physician and professional health.
- [STATE-PHP-MEMBERS@fsphp.memberclicks.net](mailto:STATE-PHP-MEMBERS@fsphp.memberclicks.net)  
Limited to members affiliated with a PHP, this group is best for discussions related to PHP practices, guidelines, and program operations.
- [PHP-Physician-Suicide-Prevention@fsphp.memberclicks.net](mailto:PHP-Physician-Suicide-Prevention@fsphp.memberclicks.net)  
Dedicated to members using or interested in the AFSP Interactive Screening Program (ISP), this list supports dialogue around physician suicide prevention efforts.

Please review the [FSPHP E-List Guidelines](#).

Thank you for helping us maintain a trusted and respectful space for collaboration.



## Now Open: Call for Presentations – FSPHP 2026 Education Conference

The FSPHP 2026 Education Conference & Annual Membership Meeting - *Navigating Change: Challenges, Solutions, and Success*, is now accepting presentation proposals!

This is your chance to share your expertise, research, or innovations with a national community committed to physician health and well-being. Whether you're a seasoned presenter or new to the stage, your voice matters.

### Due Dates

Oral Presentations: October 6, 2025  
Poster Presentations: December 19, 2025

 [Submit Your Proposal](#)



## Support Physician Health - Donate Today

We're grateful for the FSPHP community's continued support. Your generosity helps us strengthen Physician Health Programs (PHPs) and improve the well-being of medical professionals—ultimately enhancing patient care.

This year, help us reach our **\$50,000 goal** to fund key initiatives like:

- Launching **PEER™** and **FSPHP-ETA™**
- Advancing research through the **National PHP Study** and **RIS**
- Expanding national education and awareness efforts

Your gift ensures access to high-quality, evidence-based care and reinforces FSPHP's role as the national voice for physician health.

 **Donate now at** [www.fsphp.org/donate](http://www.fsphp.org/donate)



## New Social Media Toolkit Available for Lorna Breen Act Reauthorization

The **ALL IN: Wellbeing First for Healthcare** coalition has released a **Social Media Toolkit** to support the reauthorization and funding of the **Dr. Lorna Breen Health Care Provider**

Protection Act. This vital legislation helps protect healthcare workers from burnout and mental health challenges.

How you can help:

- [Download the toolkit](#)
- Share the templated posts on your social media
- Customize the messages to fit your voice
- Encourage your network to contact their legislators

Let’s keep this critical issue front and center. Be ALL IN for healthcare worker wellbeing.

 [Access the toolkit](#)

COMING UP!

[Open Forum Leadership Meeting](#)

Wednesday, August 27 at 12pm Eastern Time

**Funding Development Committee**

Wednesday, August 27 at 1pm Eastern Time

**Research Committee**

Wednesday, August 27 at 4pm Eastern Time

[REGISTER NOW! Regional Member Meetings](#)

Northeast Region - Thursday, October 9

Southeast Region - Tuesday, October 14

Western Region - Tuesday, October 21

Central Region - Friday, November 14

August 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
			● Board & Committee Chair Meeting	● Finance Committee Meeting		
			● Program Planning Committee			
10	11	12	13	14	15	16
	● Membership Committee Meeting				● Task Force to Support Safe Rx...	
17	18	19	20	21	22	23
24	25	26	27	28	29	30
			● Open Forum Leadership Series	● Performance Enhancement and E...		
			● Funding Development Committee			
			● Research Committee Meeting			

READ PAST ISSUES OF INSIGHTS!

JOIN FSPHP FOR ACCESS TO MEMBER-ONLY CONTENT

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