

# Federation of State Physician Health Programs

## **FSPHP Insights**

August 8, 2025

2026
CALL FOR
PRESENTATIONS
Now Open!



The FSPHP 2026 Education Conference & Annual Membership Meeting - *Navigating Change: Challenges, Solutions, and Success* is now accepting presentation proposals! This is your opportunity to share your insights, research, and innovations with a community dedicated to physician health and well-being. Whether you're a seasoned speaker or a first-time presenter, we welcome your voice.

To Submit your proposal today and help shape the future of physician health!

#### **Submissions Due:**

Oral Presentations - October 6, 2025 Poster Presentations - December 19, 2025

**Solution** Call for Presentations Submission Form



Michael J. Baron, MD, MPH, DFASAM, FAPA



Chris Bundy, MD, MPH, FAPA,



Sarah Early, PsyD



Lisa Merlo, PhD, MPE



### **FSPHP Leadership Featured at ACPH 2025**

We're proud to share that **FSPHP leadership will be featured** on the agenda at the 2025 American Conference on Physician Health (ACPH); September 11 - 13, 2025 in Boston, MA.

**Featured Presentations by FSPHP Leaders** 

7 September 11 | 1:15-2:30 PM

Participant Survey Data from the Tennessee Medical Foundation – Physician Health Program

Michael J. Baron, MD, MPH, DFASAM, FAPA

President, FSPHP

Medical Director, Tennessee Medical Foundation Physician's Health Program

# Trends in Case Complexity at a Physician Health Program and Implications for Physician Wellness

Sarah Early, PsyD

Co-Chair, FSPHP Publications Committee

Executive Director, Colorado Physician Health Program

#### **To September 12 | 9:45-11:00 AM**

Help is Hiding in Plain Sight: Results of a National Survey of Physician Health Programs

Chris Bundy, MD, MPH, FAPA, FASAM

Chief Medical Officer, FSPHP

Executive Medical Director, Washington Physicians Health Program

#### Physician Health Programs as a Suicide Prevention Resource

Lisa Merlo, PhD, MPE

Co-Chair, FSPHP Research Committee

Professor of Psychiatry, University of Florida

Director of Research, Professionals Resource Network, Inc.

#### 77 September 12 | 1:30-2:30 PM

Workshop: Physician Health Programs - Helping You Help Physicians with Potentially Impairing Conditions

Lisa Merlo, PhD, MPE

Co-Chair, FSPHP Research Committee

Professor of Psychiatry, University of Florida

Director of Research, Professionals Resource Network, Inc.

#### Learn more and register to attend ACPH.

#### **FSPHP Members: Exclusive Discount Available**

Email <a href="mailto:ssavage@fsphp.org">ssavage@fsphp.org</a> to learn more!



# PEER™ Discount Funded by The Physicians Foundation Grant

Thanks to a generous grant from The Physicians Foundation, 15 PHPs can now join the FSPHP Performance Enhancement and Effectiveness Review™ (PEER™) Program at a discounted rate:

- **\$2,500 off** First 5 applicants
- **\$1,500 off** Next 5 applicants
- **\$1,000 off** Final 5 applicants *Discounts are first-come, first-served!*

Discounts awarded on a first-come, first-served basis upon submission of the PEER™ application.

• Member: \$9,000 \$6,500 after discount

Non-Member: \$14,000 \$11,500 after discount

The FSPHP-PEER™ program is a structured review process designed to empower Physician Health Programs and other safety-sensitive professional health programs to use the FSPHP PHP Guidelines as a powerful, practical tool for identifying opportunities to optimize performance and effectiveness. Once your application is submitted, your onsite or virtual visit can be scheduled at your convenience.

To learn more about the PEER<sup>™</sup> program, review the criteria, and access the application, visit: <a href="www.fsphp.org/peer-program">www.fsphp.org/peer-program</a>.

#### PEER™ Interest Form

Please complete this brief form to let us know your application plans, timeline, and whether you're interested in a one-on-one call to discuss next steps: <u>PEERTM Interest Form</u>

#### Tips For Preparing for PEER™

We've put together some helpful tips to guide you as you prepare for PEER™. The application is the most involved part of the process, requiring a detailed review and upload of many of your PHP policies. But we promise – it's all worth it. Once completed, you'll be ready for your onsite or virtual review and just steps away from the finish line.

 For preparation tips, visit our PEER™ FAQs webpage at https://fsphp.memberclicks.net/PEER--faq



# **FSPHP Shares Resources from NABP Forum on Pharmacy Recovery Programs**

The National Association of Boards of Pharmacy (NABP) recently hosted a forum focused on Pharmacy Professional Recovery Programs, bringing together leaders and stakeholders from across the country. FSPHP President-Elect Dr. Edwin Kim and Executive Director Linda Bresnahan represented FSPHP at this important event. We're pleased to share a collection of resources from the forum, which provide valuable insights into recovery programs for pharmacists. Among the highlights is the 2022 publication, "Cost of Program Participation" by Dr. Lisa Merlo and colleagues, as well as a comprehensive legal overview and other familiar materials.

#### **Slide Presentations**

Federation of State Physician Health Programs
by Linda Bresnahan, MS, & Edwin Kim, MD
History of the National Association of Alternative Programs
by Virginia "Ginny" Matthews, MBA, BSN, RN
Pathways to Recovery: A Review of the Evidence
Supporting Pharmacist Recovery Programs
by Tyler J. Varisco, PharmD, PhD

<u>Legal Considerations for State Pharmacist Recovery Programs</u> by Mary Moretti <u>Pharmacy Professional Recovery Program Pre-Forum Survey</u>

Results

#### **Other Resources**

by Melissa Becker, PharmD, JD

Substance Use Disorder & Mental Health Resources for Health Care Professionals
Tennessee Pharmacy Recovery Network List of Approved Over-the-Counter Medications
by Nancy Hooper



ABA Healthcare Delivery & Innovation Conference to Feature Key Session for Attorneys Advising Healthcare Providers Seeking Treatment

The American Bar Association's (ABA) Healthcare Delivery & Innovation Conference on September 29-30, 2025 in Chicago will feature the following session:

Navigating the Challenges of Advising Healthcare Practitioners and Entities Regarding Provider Impairment, Confidential Treatment Programs, and Licensure and Credentialing Reviews

Hospitals, health systems, medical staffs, health plans, liability carriers and licensing boards all have overlapping wants and needs when it comes to evaluating providers' professional competence, their health and well-being, and the need to protect patient safety. Healthcare professionals have to ensure that they are able to provide competent, safe, and ethical care to their patients. While there is no "one-size fits all" approach to fostering provider wellness and accountability, this presentation aims to address some of these questions and foster clarity to attorneys who advise Healthcare providers, practices and medical centers on these essential issues.

#### Speakers:

- Elizabeth Greene, Partner, Mirick, Worcester, MA
- **Daniel Blaney-Koen**, Senior Attorney, American Medical Association, Chicago, IL
- Daniel S. Zinsmaster, Partner, Dinsmore & Shohl, Columbus, OH

**Download conference brochure** 





### Call for Content - Fall Issue of Physician Health News

We want to hear from you! FSPHP invites all members to share meaningful stories, innovative practices, and exciting updates from your Physician or Healthcare Professional Programs for inclusion in the next edition of *Physician Health News*.

Have something impactful to share? We're especially interested in:

- Breakthroughs in peer support or mentorship
- Advocacy efforts that are reshaping state policy
- Creative community-building or educational initiatives
- Research that's driving progress and positive change
- Staff updates and/or shout outs to team members

Whether it's a few sentences, a full story (up to 500 words), or a relevant link—we welcome your contributions! Let's celebrate the passion, progress, and powerful work happening across our FSPHP community!

Submissions for the Fall 2025 issue due: **September 5th** Send submissions to <a href="mailto:ssavage@fsphp.org">ssavage@fsphp.org</a> **Newsletter Submission Guidelines** 

#### **COMING UP!**

#### **Membership Committee**

Monday, August 11 at 1pm Eastern Time

#### **Task Force to Support Safe Haven**

Friday, August 15 at 12:30pm Eastern Time

#### **Open Forum Leadership Meeting**

Wednesday, August 27 at 12pm Eastern Time

#### **Funding Development Committee**

Wednesday, August 27 at 1pm Eastern Time

#### **Research Committee**

Wednesday, August 27 at 4pm Eastern Time

### **REGISGTER NOW!**

### **Regional Member Meetings**

Northeast Region - Thursday, October 9 Southeast Region - Tuesday, October 14 Western Region - Tuesday, October 21

Central Region - Friday, November 14

**READ PAST ISSUES OF INSIGHTS!** 

**JOIN FSPHP FOR ACCESS TO MEMBER-ONLY CONTENT** 



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