



Federation of State Physician Health Programs

FSPHP Insights

December 11, 2025



EXHIBITOR
BROCHURE



🚨 **LESS THAN 3 WEEKS LEFT TO SAVE!** 🚨



Exhibitor Savings End December 31, 2025

Don't miss out on the biggest savings of the year!

Register and join FSPHP as an Industry Partner Individual Member by **December 31** to lock in **\$700 in discounts** for the **FSPHP 2026 Conference & Annual Membership Meeting**.

Here's how you save:

- \$500 Early Bird Discount
- \$200 New Industry Partner Individual Member Savings*

 [FSPHP 2026 Exhibitor Brochure](#)
 [Reserve an Exhibitor Sponsorship](#)

Questions? Email jhernandez@fsphp.org.

Still Accepting
**POSTER
PRESENTATIONS**
DUE: 12-19-25

Call for Posters - Open Until December 19th

FSPHP invites you to showcase your expertise, research, and innovative ideas with a Poster Presentation at the **FSPHP 2026 Education Conference!**

This is your opportunity to:

- ✨ Share groundbreaking insights that advance physician health
- 💡 Highlight best practices and inspire meaningful discussions
- 🌍 Contribute to shaping the future of physician well-being

We encourage submissions that are **innovative, engaging, and impactful**—designed to spark dialogue and collaboration among peers.



J. Corey Feist, JD, MBA
Founder/Chief Executive Officer,
Dr. Lorna Breen Heroes'
Foundation

Corey Feist, Dr. Lorna Breen Heroes Foundation Spotlights Physician Health Programs in Fight Against Burnout

When it comes to physician wellness, resilience alone is not enough. *U.S. News & World Report's* recent feature, “**Beyond Resilience: A Nonprofit CEO Takes Up the Fight Against Physician Burnout,**” spotlights **Corey Feist** and the **Dr. Lorna Breen Heroes' Foundation**—a powerful voice for changing how we address mental health in medicine.

Feist’s story underscores a critical truth long recognized by Physician Health Programs (PHPs): physicians are already resilient. What’s needed are systemic solutions—workplace cultures and policies that remove stigma, safeguard privacy, and make help accessible without fear of professional consequences. The article highlights barriers that too often prevent physicians from seeking care, as well as the urgent call to reauthorize the **Dr. Lorna Breen Healthcare Provider Protection Act**, which funds efforts to protect the nation’s healthcare workforce.

This piece is a must-read for anyone committed to advancing the mission of physician well-being. It reinforces why confidential, supportive PHPs are essential—and how leadership at every level can help create the culture change our colleagues need and deserve.

For organizations seeking to translate these principles into action, **FSPHP** offers a **sample healthcare organization policy** that outlines how to refer team members to the confidential support of a state PHP.

[Access the FSPHP Hospital Sample Policy](#)

[Read the article](#)


Share Your Story in *Physician Health News*

FSPHP wants to spotlight the passion, progress, and innovation happening across our community. Submit your updates, breakthroughs, or shout-outs for inclusion in the **Spring 2026 issue of *Physician Health News*.**

We’re especially looking for:

- Peer support or mentorship successes
- Advocacy shaping state policy
- Creative community or educational initiatives
- Research driving positive change
- Team updates & staff highlights



 Submissions can be a few sentences, a full story (up to 500 words), or a link.

 **Deadline: March 2, 2026**

 Send to ssavage@fsphp.org




We Need Your Leadership – Only 2 Weeks Left!

FSPHP is seeking passionate leaders to join the **Board of Directors (May 2026 – May 2028)**. This is your chance to shape the future of physician health and make a lasting impact on our mission.


Open Board Positions:

- President-Elect
- Central Region Director
- Northeast Region Director
- Southeast Region Director
- Western Region Director

 Current officeholders may seek re-election

 Eligibility: State or Associate members who are PHP staff (one regional directorship per state)

 **Submission Deadline: December 19, 2025**


 Take the next step: Visit the [2026 FSPHP Call for Nominations webpage](#) to review details and [submit your nomination today!](#)




Renew Your FSPHP Membership for 2026 – Don't Miss Out!

All FSPHP memberships officially expired on **December 31, 2025**. Act now to ensure uninterrupted access to your valuable member benefits!

By renewing today, you'll:

 Stay connected with the FSPHP community

 Continue enjoying exclusive resources and member-only opportunities

 Support our shared mission to advance physician health

Questions? Contact ssavage@fsphp.org

A heartfelt thank you to all who have already renewed for 2026—we're excited to continue this journey together!

COMING UP!

Medical Student & Resident Committee

December 15, 2025 at 2pm Eastern

[FSPHP Board of Director Ballot Nominations Dues](#)

December 19, 2025

Rally by Region Ends

December 31, 2025

REGISTER NOW - FSPHP Member Information Session

February 18, 2026 at 12:00 - 1:30pm Eastern

December 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ● Membership Committee Meeting	2	3 ● Funding Development Committee ● Program Planning Committee	4	5	6
7	8	9	10 ● Board Meeting	11	12 ● FSPHP 2026 Education Conference...	13
14	15 ● Medical Student & Resident Com...	16	17 ● Funding Development Committee	18 ● Evaluation and Treatment Acc...	19 ● FSPHP Call for Nominations for...	20
21	22	23	24	25	26	27

DONATE TO FSPHP



READ PAST ISSUES OF INSIGHTS!

JOIN FSPHP FOR ACCESS TO MEMBER-ONLY CONTENT

Federation of State Physician Health Programs
668 Main Street, Suite 8, #295
Wilmington, MA 01887
Phone: 978-347-0600 Fax: 978-347-0603
www.fsphp.org
[Follow FSPHP on LinkedIn](#)

Best way to contact us is by email:
lbresnahan@fsphp.org Linda Bresnahan, MS, FSPHP Executive Director
ssavage@fsphp.org Sandra Savage, Membership Engagement & Communications Manager
jhernandez@fsphp.org Jennifer Hernandez, Meeting Planning Assistant
jestes@fsphp.org Jolie Estes, Accreditation & Project Specialist