



Federation of State Physician Health Programs

FSPHP Insights


January 15, 2026



Register Now – Early Bird Pricing Available Until January 31st

Join us at the **FSPHP 2026 Education Conference and Annual Membership Meeting - *Navigating Change: Challenges, Solutions, and Success.***

 **Baltimore, Maryland**

 **Wednesday, April 29 – Saturday, May 2, 2026**

This is the leading event for physicians, healthcare professionals from all specialties, and those committed to health and professional well-being. Over 300 attendees join us, including our Physician or Professional Health Program (PHP) staff and experts involved in the evaluation and treatment of health professionals.

[Register now!](#)



Chris Bundy, MD, MPH, FAPA, FASAM

Illness Does Not Equal Impairment - A New Podcast Episode with Dr. Bundy

Dr. Chris Bundy – Chief Medical Officer of the Federation of State Physician Health Programs (FSPHP) and Executive Medical Director of the Washington Physicians Health Program (WPHP) – joined Liz Boehm on the [Heart of Safety Coalition's Caring Greatly podcast](#) to challenge the misconception that mental health challenges undermine professional competence.

Dr. Bundy highlights the essential role of **Physician Health Programs (PHPs)** in supporting clinicians and strengthening resilience across healthcare. He explains how PHPs provide **confidential, accountable, and compassionate pathways** for clinicians navigating mental health conditions or substance use disorders to safely return to practice.



Liz Boehm

Together, Dr. Bundy and Ms. Boehm unpack common misperceptions, discuss how PHPs are expanding to serve a wider range of healthcare professionals, and explore why these services are vital to both **patient safety** and **clinician wellbeing**.


Listen now on:

- [Apple Podcasts](#)
 - [Spotify](#)
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Michael H. Gendel, MD

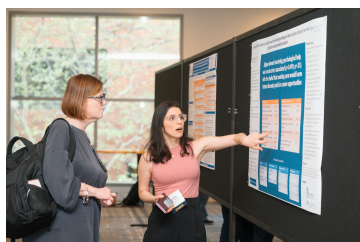
New Podcast with Dr. Michael Gendel on Physician Health Program Referrals

 In a recent episode of the JMR Podcast, host David Johnson interviews **Dr. Michael Gendel**—FSPHP Past President, member of the FSPHP Research Committee, and Medical Director Emeritus of the Colorado Physician Health Program—about his latest research.

They discuss “Trends in Case Complexity and Implications for Physician Health Programs: An Analysis of Referrals to the Colorado Physician Health Program,” based on Dr. Gendel’s recent analysis of referrals to the Colorado PHP.

Tune in to hear insights on evolving challenges, risk factors, and how physician health programs can adapt to better support professionals in need.

Listen now: [JMR Podcast – Trends in Case Complexity and Implications for Physician Health Programs](#)



Extended Deadline for Poster Presentation Submissions

Submissions Due – January 30, 2026

Notification of Acceptance – February 2, 2026

This is your opportunity to:

- ✨ Share groundbreaking insights that advance physician health
- 💡 Highlight best practices and inspire meaningful discussions
- 🌍 Contribute to shaping the future of physician well-being

We encourage submissions that are **innovative, engaging, and impactful**—designed to spark dialogue and collaboration among peers.

[Learn more and submit your Poster Presentation!](#)




Ready to Exhibit at FSPHP 2026? Join Our Info Session!

Thinking About Exhibiting at the FSPHP 2026 Education Conference?

Join us for our **Exhibitor Information Session!**

 **Friday, January 30, 2026**

 **1:00 – 2:30 PM ET**

Discover exhibitor opportunities, review the conference agenda, share your feedback, and get answers to all your questions. This is your chance to learn how we can make your experience exceptional!

 [Register Here](#)

 [Learn more about the FSPHP 2026 Education Conference & Annual Membership Meeting – *Navigating Change: Challenges, Solutions, and Success*](#)

Questions? Contact **Jennifer Hernandez** at jhernandez@fsphp.org.



Take Me Out to the Ballgame with FSPHP!



FSPHP 2026 Social Event: Orioles Game & All-Inclusive Picnic Perch

Join us for a memorable evening at *Oriole Park at Camden Yards* as the Orioles take on the Astros on **Wednesday, April 29, 2026, at 6:35 PM**. Enjoy **all-inclusive ballpark favorites**—hot dogs, nachos, ice cream, and Pepsi beverages—along with **Club Level seating** that offers fantastic views and access to exclusive bistro tables.

Conveniently located just across from the Hilton Baltimore Inner Harbor, Camden Yards is an easy **four-minute walk** from the conference hotel - Hilton Baltimore Inner Harbor.

This event is the perfect opportunity to relax, connect, and network with FSPHP friends and colleagues in a fun, casual setting.

Tickets: \$65

Purchase by: March 20, 2026

Limited availability—secure your spot today!

[Learn more and buy your tickets!](#)



Michael Sorna, MD MSA FASAM



Emily Doyle, MD



Mark Albanese, MD



Susan K. Blank, MD, LFAPA, DFASAM

2026 Open Forum Leadership Series — Registration Now Open

The FSPHP Open Forum Leadership Series provides a dedicated space for FSPHP Member PHP leaders to engage in meaningful dialogue, exchange best practices, offer organizational updates, and collaborate on innovative approaches to supporting physician and professional health programs. This series is designed to encourage open conversation and address key issues impacting PHPs nationwide.

Open to FSPHP PHP Members who identify as part of their organization's leadership team, including executives, directors, department heads, and similar leadership roles.

Tuesday, February 24, 2026

Facilitator: Michael Sorna, MD MSA FASAM, Medical Director, Professionals Resource

Tuesday, June 2, 2026

Facilitator: Emily Doyle, MD, Medical Director, Texas Physician Health Program

Friday, August 7, 2026

Facilitator: Mark Albanese, MD, Medical Director, Physicians Health Services - Massachusetts Medical Society

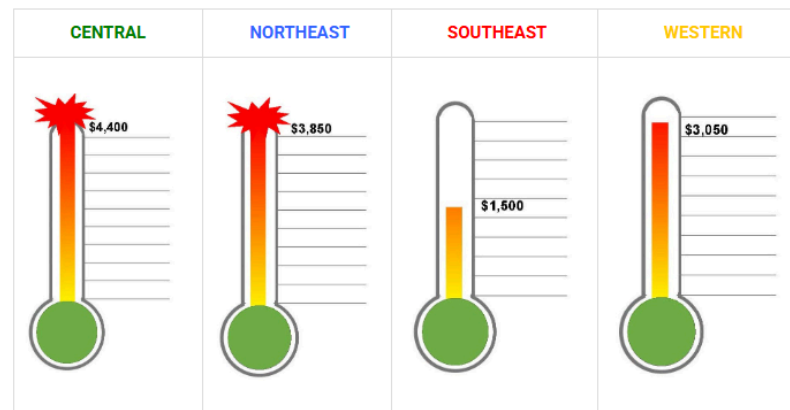
Friday, November 20, 2026

Facilitator: Susan K. Blank, MD, LFAPA, DFASAM, Medical Director, Georgia Professional Health Program

[Learn more and register!](#)



Rally by Region Raises over \$12,000!



Your generous contributions have totaled **\$12,800** during the Rally-by-Region donation campaign! All four regions generously participated and both the **Central** and **Northeast** regions surpassed the fundraising goal of \$3,500!

We are deeply grateful for your support, which enables us to continue our vital work. Your commitment to our mission makes all the difference—thank you!

The totals raised by each region are:
Central Region - \$4,400
Northeast Region - \$3,850
Western Region - \$3,050
Southeast Region - \$1,500

The 2025 Rally-by-Region may be over, but it's never too late to [make a donation](#) that helps advance FSPHP's mission to “*support physician health programs in improving the health of medical professionals thereby contributing to quality patient care.*”

COMING UP!

Research Committee
Wednesday, January 21 at 4pm Eastern

Publications Committee
Monday, January 26 at 3pm Eastern

Bylaws Committee
Tuesday, January 27 at 1pm Eastern

Funding Development Committee
Wednesday, January 28 at 1pm Eastern

Research Committee
Wednesday, January 28 at 4pm Eastern

FSPHP 2026 Education Conference Exhibitor Information Session
Friday, January 30 at 1pm -2:30pm Eastern
[CLICK TO REGISTER](#)

FSPHP Membership Information Session (Virtual)
February 18 at 12pm - 1:30pm Eastern
[CLICK TO REGISTER](#)

FSPHP New Member Meeting (Virtual)
March 31 at 12pm - 1:30pm Eastern
[CLICK TO REGISTER](#)

January 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	1	2	3
4	5	6	7	8	9	10
		Nominating Committee	Programs & Outreach Committee			
11	12	Public Policy Committee	Board Meeting	15	16	17
18	19	20	21	22	23	24
25	26	Publications Committee Meeting...	Funding Development Committee...	29	30	31
			Research Committee		FSPHP 2026 Education Conference...	

READ PAST ISSUES OF INSIGHTS

JOIN FSPHP!

DONATE TO FSPHP



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