

Federation of State Physician Health Programs

FSPHP Insights

January 24, 2025

DONATE TO FSPHP



FSPHP 2025 CONFERENCE AND ANNUAL MEMBERSHIP MEETING Health Professional Wellbeing: Aligning Safety, Supports, and Confidentiality April 23-26, 2025 | Hyatt Regency Seattle

ATTENDEE REGISTRATION Register by 1-31-25 for Early Bird Rate!

One Week Left to Save with Early Bird Rates!

Register for the by next Friday, January 31st to receive discounted Early Bird Rates!

- Visit the FSPHP 2025 Registration Info page.
- See the detailed conference agenda.
- <u>Register now!</u>
- Make your hotel reservations

EXHIBITOR INFO SESSION 1-31-25

Calling All Exhibitors - Exhibitor Information Session is Next Week!

We invite you to attend our **Exhibitor Information Session** on **January 31, 2025**. During this session, we'll review the conference agenda, highlight the exhibitor opportunities, gather your feedback to ensure we create the best experience for you, and answer any questions you may have. Don't miss out on this valuable session! <u>SIGN UP NOW</u>



Call for Content: FSPHP Newsletter Seeks Submissions for Spring Issue

The FSPHP newsletter, *Physician Health News,* serves as a vital resource for the FSPHP community to stay informed about all aspects of physician health and well-being. Your contributions are essential in fostering knowledge sharing and advancing our collective mission.

What to Submit:

- Program updates and milestones
- Case studies or success stories
- Research findings or data insights
- Upcoming events or initiatives
- Accomplished initiatives or projects
- Impactful letters or opinion pieces

Your expertise and experiences are invaluable. Help us create a newsletter that truly reflects our mission *to support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care.*

- Submissions due: March 3, 2025
- Questions? Email ssavage@fsphp.org.

Newsletter Submission Guideline



Ad Space Available in Physician Health News

Physician Health News, FSPHP's newsletter, is the perfect platform to reach dedicated professionals committed to improving the health and well-being of healthcare professionals.

Why Advertise?

- **Targeted Audience:** Reach a dedicated community of healthcare professionals.
- Increased Visibility: Elevate your brand within the medical community.
- **Credible Platform:** Align your message with trusted health news.
- **Engaged Readers:** Connect with professionals who value relevant, industry-specific content.
- Industry Authority: Gain recognition in a respected publication focused on physician and professional well-being.

Distribution:

The 2025 spring issue of *Physician Health News* will be emailed to all state programs, state licensing boards, available on the FSPHP website, and distributed onsite at the **FSPHP 2025 Conference and Annual Member Meeting** in Seattle.

• Submissions due: March 3, 2025

Questions? Email <a>ssavage@fsphp.org.



JMR Article Validates Critical Role PHPs Play in Supporting Health Professionals in Need

In his recent *Journal of Medical Regulation (JMR)* commentary, Dr. Justin Bullock, a nephrology fellow at the University of Washington, shares his deeply personal perspective on navigating medical regulation as a physician with bipolar disorder.

His story centers on experiences that occurred during his residency in California – a cautionary tale of the challenges that health professionals often face in the absence of a Physician Health Program (PHP) to guide appropriate management when concerns of impairment arise. It underscores the importance of our continuing efforts to support enabling legislation so that every state benefits from having a compassionate, confidential, and highly effective PHP.

Whether we agree with all of Dr. Bullock's ideas is less important than the rational discourse he invites. In the dialectic, we test our notions of what is possible and find opportunities for flexibility without compromising safety. His commentary simultaneously supports the work PHPs do while contributing to critical conversations about the structural changes that are needed to foster more supportive environments for those in the profession who are navigating mental health challenges.

We hope you find inspiration and insight in this thoughtprovoking article!

Read article here.



Don't Miss Out on These Exclusive Member Advantages

FSPHP Member Events

Visit the <u>FSPHP Events page</u> for information on the FSPHP Membership Information Session and Open Forum Leadership Series.

PHP-Physician-Suicide-Prevention E-list group

If your program or stakeholders in your state involved with your PHP are using the AFSP ISP or if you are interested in exploring its benefits, consider joining **PHP-Physician-Suicide-Prevention E-list** group - available to State Voting, Associate, Honorary and International members. Email <u>ssavage@fsphp.org</u> to join.

COMING UP!

Publications Committee January 27 at 3:00pm

Funding Development Committee January 28 at 1:00pm Eastern

> Research Committee January 29 at 4:00pm Eastern

> Exhibitor Info Session January 31 at 1:00pm Eastern <u>Register to attend</u>

Visit the <u>FSPHP Calendar</u> for a full list of upcoming meetings and events!

JOIN FSPHP FOR ACCESS TO MEMBER-ONLY CONTENT



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