



# Federation of State Physician Health Programs

## FSPHP Insights

June 26, 2025



### FSPHP Receives \$150K Grant to Strengthen Physician Health Programs Nationwide

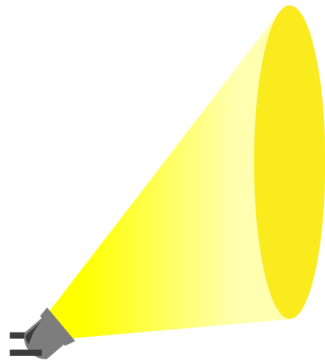
FSPHP is honored to receive a generous \$150,000 grant from [The Physicians Foundation](#) to launch a two-year national initiative focused on improving access, consistency, and effectiveness across PHPs.

Key components include:

- [PEER™ Program Discount](#) – Helping PHPs optimize performance using [FSPHP Guidelines](#).
- **Research Information System (RIS)** – A secure national data platform to enhance care and advocacy
- **"Caring for Physician Patients" Webinar** – Expert education to reduce stigma and improve care

This initiative is about more than systems—it's about saving lives and supporting the health of our healthcare workforce.


 [Read the full press release here.](#)



### PEER™ Program Discounts Now Available for 15 PHPs

The [Performance Enhancement and Effectiveness Review \(PEER™\) Program](#) helps PHPs apply FSPHP Guidelines to improve performance and align with best practices. Thanks to a generous grant from **The Physicians Foundation**, **15 PHPs** can now access the program at a **discounted rate**:

- 💰 **\$2,500** – First 5 applicants
- 💰 **\$1,500** – Next 5 applicants
- 💰 **\$1,000** – Final 5 applicants

 Discounts awarded on a first-come, first-served basis upon submission of application.

[Learn more here.](#)

Email [jdunnion@fsphp.org](mailto:jdunnion@fsphp.org) for more info.

## Introducing the Federation of State Physician Health Programs (FSPHP) Performance Enhancement and Effectiveness Review (PEER™) Program!

The PEER™ program is designed to empower Physician Health Programs (PHPs) to optimize performance, enhance effectiveness, and align with best practices by utilizing the 2019 FSPHP Physician Health Program Guidelines—the review process will provide feedback specifically designed to educate and enhance consistency and excellence for your PHP!

### Why Participate in a PEER™?

- ▶ **ACTIONABLE RECOMMENDATIONS:** Identify program strengths and areas for enhancement.
- ▶ **GUIDED BY INDUSTRY EXPERTS:** Developed by a consensus of experts utilizing FSPHP's PHP Guidelines and objective, experienced expertise
- ▶ **THE PEER™ PROGRAM IS NOT A "PASS" OR "FAIL":** It is specifically designed to provide expert insights to educate and enhance PHP operations.

Elevate Your PHP. Enhance Operations. Strengthen Your Impact.

Learn more today: <https://www.fsphp.org/peer-program>



Joyce Davidson, PhD, LCSW  
Director of Clinical Services  
Colorado Physician Health  
Program

## Dr. Joyce Davidson Completes Dissertation - FSPHP Research Committee Endorsed Member Participation

FSPHP Member, Joyce Davidson, PhD, LCSW, Director of Clinical Services, Colorado Physician Health Program, completed her dissertation, *Critical Evaluations: Leadership Perspectives on the Role and Effectiveness of PHPs in Supporting Physician Well-Being*.

With nearly two decades of experience in physician health, Dr. Davidson recognized the critical role Physician Health Programs (PHPs) play in supporting the well-being, safety, and careers of medical professionals. This work led to a central research question: *What helps PHPs thrive, and what holds them back?*

Dr. Davidson submitted her research proposal to the FSPHP Research Committee, which provided methodological feedback before endorsing member participation. Anonymous participation from FSPHP members helped make this study possible.

Read [\*Critical Evaluations: Leadership Perspectives on the Role and Effectiveness of PHPs in Supporting Physician Well-Being\*](#) and its [Executive Summary here](#).



## Video of "Healthcare is Human" Congressional Briefing Now Available

Earlier this June on Capitol Hill, FSPHP joined nurses, doctors, and mental health advocates at the bipartisan "**Healthcare is Human**" congressional briefing—an emotional event spotlighting the mental health crisis in healthcare. The full video is now available, featuring powerful frontline stories and a strong call to action.

With heartfelt remarks from actor **Noah Wyle** (*The Pitt*), who was joined by his mother, a retired nurse, the event emphasized the urgent need for:

- 🧠 Mental health support for healthcare workers,
- 🔧 Reform of prior authorization barriers,

- 🏠 Relief from medical school debt,
- 🗨️ Greater access to safe, confidential help.

Central to the discussion was reauthorizing the **Dr. Lorna Breen Health Care Provider Protection Act (H.R.929/S.266)**—aimed at ending stigma and expanding access to care.

A key takeaway: too many healthcare workers still don’t know where to turn. That’s why FSPHP was there—to raise awareness of **State Physician Health Programs (PHPs)**: trusted, confidential, life-saving resources that support recovery and safe patient care.

We’re grateful to [FIGS](#), the [Dr. Lorna Breen Heroes' Foundation](#), the [ALL IN Coalition](#), and every advocate who stood up and spoke out.

📺 Watch the full video of the briefing here:  
<https://www.youtube.com/watch?v=AKmbjOQy9tw>

COMING UP!

**Program Planning Committee**  
Wednesday, July 9 at 3pm Eastern

**Task Force to Support Safe Haven**  
Friday, July 18 at 12:30pm Eastern

July 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
6	7	8	9 ● Program Planning Committee	10	11	12
13	14	15	16	17	18 ● Task Force to Support Safe Haven...	19
20	21	22 ● Public Policy Committee Meeting...	23 ● Research Committee Meeting	24 ● Evaluation and Treatment Access...	25	26
27	28 ● Publications Committee Meeting...	29	30 ● Pending Development Committee	31	1	2

**[Riverside County Medical Association 37th Annual Conference on Physicians’ Well-Being](#)**  
Friday, July 18 at 8:00am - 12:30pm Pacific  
*Featuring FSPHP President-Elect, Dr. Edwin Kim*



**[OPEN FORUM LEADERSHIP SERIES](#)**

August 27, 2025 at 12-1pm Eastern Time  
November 19, 2025 at 12-1pm Eastern Time

**[REGIONAL MEMBER MEETINGS](#)**

- Northeast Region** - Thursday, October 9, 2025
- Southeast Region** - Tuesday, October 14, 2025
- Western Region** - Tuesday, October 21, 2025
- Central Region** - Friday, November 14, 2025

*All meetings will be held virtually.*

**[Become a Regional Member Meeting Sponsor!](#)**



Federation of State Physician Health Programs

668 Main Street, Suite 8, #295

Wilmington, MA 01887

Phone: 978-347-0600 Fax: 978-347-0603

[www.fsphp.org](http://www.fsphp.org)

[Follow FSPHP on LinkedIn](#)

Best way to contact us is by email:

[lbresnahan@fsphp.org](mailto:lbresnahan@fsphp.org) Linda Bresnahan, MS, FSPHP Executive Director

[ssavage@fsphp.org](mailto:ssavage@fsphp.org) Sandra Savage, Membership Engagement & Communications Manager