



# Federation of State Physician Health Programs

## FSPHP Insights

June 26, 2026

Mark  
YOUR  
Calendar.

### FSPHP Is Heading to Oklahoma City in 2027!



### FSPHP 2027 Annual Education Conference April 14 - 17, 2027; Oklahoma City Convention Center

Mark your calendar for the premier event dedicated to physician and professional health—taking place in vibrant **Oklahoma City**. This dynamic gathering brings together physicians, healthcare professionals from all specialties, and leaders committed to advancing well-being and professional excellence.

Experience the energy of Oklahoma City, a welcoming destination known for its revitalized downtown, scenic canal district, and thriving food and cultural scene. From the Oklahoma City Convention Center, where FSPHP 2027 will be held, to nearby entertainment, dining, and outdoor spaces, the setting offers the perfect blend of inspiration, connection, and discovery—making FSPHP 2027 an event you won't want to miss.

Stay tuned for more details to come.

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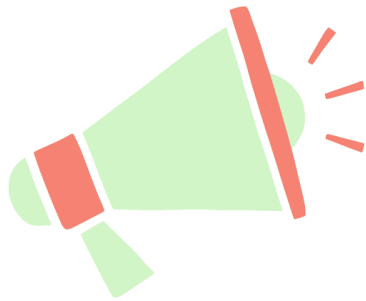
## Performance Enhancement and Effectiveness Review™ (PEER™) Program

Ready to strengthen your Physician Health Program's alignment with FSPHP PHP Guidelines and best practices? FSPHP-PEER™ provides a structured review using clear criteria and metrics to help optimize performance and effectiveness. There is no "pass" or "fail"; the PEER™ Report provides assessor findings, opportunities for improvement, and consultative recommendations. Request a one-on-one meeting with FSPHP to discuss the PEER™ process. A discount is available for a limited time period to the next 10 applicants.

[Request a meeting to discuss](#)

[Purchase the PEER™ criteria and metrics](#)

[More info including tips to prepare and FAQs](#)





## PHP Presenters Announced for Aug. 28 PEER™ Open Forum

Join us for the [PEER™ Open Forum](#), an informal discussion with programs that have completed PEER™ and the subject matter experts who guide reviews.

You'll hear firsthand what the process feels like, what programs gained, how SMEs approach reviews, and what surprised participants—plus get your questions answered live.

Designed to support program growth and connect you with best practices across the Physician and Health Professional community, PEER™ is often described as challenging (in a good way), inspiring, and highly impactful. Come discover why.

 **Friday, August 28**  
 **11:00 AM - 12:00 PM ET**

[REGISTER](#)

### PHP PEER™ Program Speakers:



**Sarah Early, PhD, Executive Director,  
Colorado Physician Health Program**



**Geri Young, MD, Executive Director, Hawaii Program for  
Healthcare Professionals: Pu'ulu Lapa'au**



Tiffany Booher, LPC, CAADC, CIP, Program Director,  
Pennsylvania Physicians' Health Program

### FSPHP Evaluation and Treatment Accreditation™ (FSPHP-ETA™)

Does your evaluation or treatment program serve physicians or other healthcare professionals in safety-sensitive roles? FSPHP-ETA™ recognizes programs that meet rigorous standards for specialized, accountable care. Request a one-on-one meeting with FSPHP to walk through the accreditation process and application, purchase and then review the standards and explore our FAQs.

- [Request a meeting to discuss](#)
- [Purchase ETA™ Standards](#)
- [More info includes FAQs](#)



DONATE TO FSPHP

### Show Your Support of Health Professionals with a Donation to FSPHP

The strength of FSPHP lies in the community behind it. As a direct result of support from members, colleagues, and donors, FSPHP continues to advance its mission *to support Physician Health Programs (PHPs) in improving the health of medical professionals, thereby contributing to quality patient care.*

This year, FSPHP's request for your support aligns with our four presidential priorities: **enhancing strategic partnerships and alignments, advancing confidentiality protections and data-driven impact, strengthening quality and consistency in programs, and elevating education and awareness.** These goals connect directly to the practical work now underway across the organization.

Your gift moves this work forward through three key areas:

- **Elevating best practices.** FSPHP has deployed the [Performance Enhancement and Effectiveness Review™ \(PEER™\) Program](#) to provide a standard for best practice for PHPs and other health programs serving safety-sensitive professionals, and the [Evaluation and Treatment Accreditation™ \(FSPHP-ETA™\)](#) program offers accreditation to organizations with the experience and expertise to evaluate and treat health professionals in these roles.
- **Expanding research and knowledge.** FSPHP is building a critical data infrastructure to collect, analyze, and disseminate data. This knowledge base will inform best practices for PHPs while also supporting policymaking and education efforts.

- Raising awareness and access to help. FSPHP is collaborating with state and national partners to expand education, develop video content, and continue advocacy to remove intrusive mental health questions from licensure and credentialing applications and other barriers to help seeking and PHP utilization.

Make a difference—donate today at [www.fsphp.org/donate](http://www.fsphp.org/donate)



## Important Paper: Changes in Work Impairment and Associated Cost Savings

This article in the *Journal of Occupational and Environmental Medicine* provides rare, real-world evidence linking mental health treatment to measurable gains in workforce productivity and cost savings—offering important anchoring data to support the business case for Physician and Health Professional Programs.

In a large employee sample, psychotherapy was associated with meaningful reductions in work impairment and approximately \$4,800 in annual productivity gains per employee, with substantially higher savings among those with greater baseline need. While industry-funded (Lyra Health), the findings are methodologically rigorous, align with real-world experience, and include contributions from a well-regarded clinician-researcher, Alethea Varra, PhD.

[Download the article.](#)



[Learn More!](#)

[Register Now!](#)

[Download the Marketing Toolkit.](#)

## Real-World Guidance for Treating Physicians Patients

Federation of State Physician Health Programs

**FSPHP WEBINAR**

**When Physicians Become Patients: Providing Care for General Medical, Mental Health, and Substance Use Disorders**

September 23, 2026  
1:00 - 3:00pm Eastern Time

Pricing: Free for FSPHP Members; \$50 for Non-Members

SCAN TO REGISTER

Education Credits: This webinar is eligible for 2 hours of continuing education credit for physicians, nurses, pharmacists, psychologists, social workers, and dentists.  
*This webinar is made possible by a generous grant from The Physicians Foundation.*

**FACULTY**

Michael Baron, MD, MPH, DFASAM, FAPA | Chris Bundy, MD, MPH, FAPA, FASAM

Paul H. Earley, MD, DFASAM | Lisa Merlo, PhD, MPE | Alexis Polos, MD, FASAM

[When Physicians Become Patients: Providing Care for General Medical, Mental Health, and Substance Use Disorders](#) is a timely, skills focused webinar led by experienced physician health experts.

17 **Wednesday, September 23, 2026**

🕒 **1:00–3:00 PM Eastern Time**

✓ **2 CME Credits**

💰 **Free for FSPHP Members; \$50 for Non-Members**

### Why Attend

This program is relevant to all physicians and to healthcare professionals who provide or receive care from physicians. It is especially valuable for those who work closely with physician patients, including individuals affiliated with Physician and

Health Professional Programs, workplace monitors or liaisons, therapists, psychiatrists, and primary care physicians.

### Spread the Word

Help amplify this webinar by sharing it with your members, colleagues, and partners.

[Download the FSPHP Webinar Marketing Toolkit](#), complete with full webinar details, banner, messaging, and links. If you need additional messaging, customized content, or support tailoring this to your audience, please don't hesitate to reach out.

*This webinar is made possible through the support of The Physicians Foundation.*

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## Don't Miss the Next Open Forum Leadership Meeting

**Friday, August 7, 2026**

**11:00AM - 12:00PM Eastern Time**

**Facilitator: Mark Albanese, MD, Medical Director, Physicians Health Services - Massachusetts Medical Society**

The FSPHP Open Forum Leadership Series is a platform for FSPHP Member PHP leaders to engage in open discussions, share best practices, share updates, and foster collaboration and innovation, and address critical issues affecting physician & professional health programs.

These meetings are open to FSPHP PHP Members that identify as part of their leadership team, including executives, directors, and department heads.

✓ [Learn more and register.](#)

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## Opportunities to Engage, Support, & Fuel Connection

**Sponsor the Fall 2026 issue of *Physician Health News***

**SPONSORSHIP SIZES & PRICING:**

\$800 - Half page: 7" w x 4.5" h

\$600 - Quarter page: 3.2917" w x 4.5" h

\$400 - Business card size: 3.125" w x 2.25" h

🎯 **Sponsorships Due September 28.**

[LEARN MORE](#)

## Submit an Article for *Physician Health News*

Have insights to share? *Physician Health News* invites article submissions that offer meaningful industry perspectives, research findings, case studies, and practical applications related to physician health—while remaining educational and non-promotional in tone.

📌 **Content Submission Due September 4.**

[LEARN MORE](#)

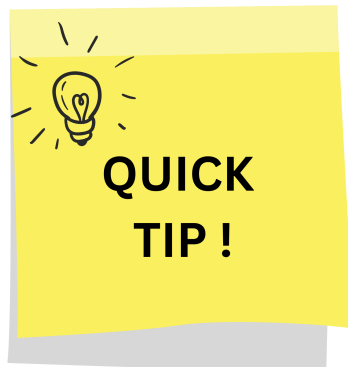
## Sponsor a Regional Member Meeting

\$1,000 sponsorship includes:

- logo acknowledgment on agenda and meeting materials
- 2 representatives from your organization to attend
- opportunity to briefly address the attendees.

! Please note: There is a limit of 5 sponsors per Regional Member Meeting.

[LEARN MORE](#)



## Log in to Your FSPHP Profile & See What You're Signed Up For

*Can't remember if you signed up for the latest FSPHP Open Forum? Not sure if you submitted your committee conflict of interest form?*

You can quickly check by logging into your FSPHP member profile:

- Go to the [FSPHP website](#) and click "Member Login" in the upper right corner.
- In the **Member Portal**, select **My Profile and My Community**.
- Go to the **My Profile** tab and click on **Forms I've Taken**.

You'll see a complete history of all forms you've submitted.



READ PAST ISSUES  
OF INSIGHTS

## Upcoming FSPHP Events

### Toxicology Writing Group

June 30; 11AM Eastern

### Program Planning Committee

July 1; 3PM Eastern

### [Regional Member Meetings](#)

Southeast - Monday, November 23

Central - Monday, November 30

Northeast - Thursday, December 3

Western - Tuesday, December 15

 [\*\*\*Become a Regional Member Meeting Sponsor\*\*\*](#)



Federation of State Physician Health Programs

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