



# Federation of State Physician Health Programs

## FSPHP Insights

March 19, 2026



[!\[\]\(17413706fd4997a1a4bdf85c6864eee1\_img.jpg\) View the Detailed Agenda!](#)

[!\[\]\(faf942dc3e59ce8eb64b4ac481eca7e0\_img.jpg\) Visit the Conference Website!](#)

[!\[\]\(cf531ed27e91483460120fcc057b3901\_img.jpg\) See our Speakers!](#)



[REGISTER NOW!](#)

### Countdown to the FSPHP 2026 Education Conference!

Don't miss the leading event for physicians, healthcare professionals from all specialties, and those committed to health and professional well-being.

#### REASONS TO ATTEND

- **Earn up to 16.5 hours of Education Credits** for Physicians, Nurses, Pharmacists, Psychologists, Social Workers, and Dentists
- **Connect with leaders and peers** through meaningful networking opportunities in the field of professional health and well-being.
- **Maximize dedicated time with exhibitors** during breaks, meals, and sessions to explore resources, tools, and innovations that support your work.
- **Gain essential knowledge** about physician health programs and the treatment of healthcare professionals, grounded in real-world practice and expertise.
- **Prioritize your own health and well-being** by participating in peer support groups and wellness activities, including run/walk events with colleagues.

LAST  
CHANCE

PURCHASE  
TICKETS!

Purchase Tickets for the FSPHP 2026 Social  
Event by this Friday, March 20!



### Orioles Game & All-Inclusive Picnic Perch

 **Date:** Wednesday, April 29, 2026

 **Time:** 6:35 PM

 **Baltimore Orioles vs. Houston Astros**

Enjoy **all-inclusive ballpark favorites**—hot dogs, nachos, ice cream, and Pepsi beverages—along with **Club Level seating** that offers fantastic views and access to exclusive bistro tables.

 **Tickets: \$65**

 **Purchase by: March 20, 2026**

[Learn more and buy your tickets!](#)



DONATE AN ITEM

### Get Ready to Bid! FSPHP 2026 Silent Auction

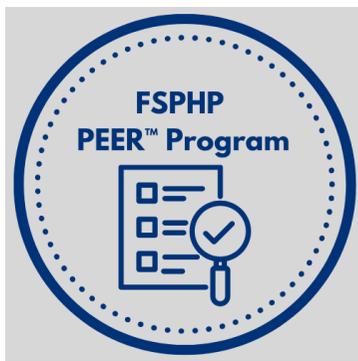


**Preview. Bid. Give back.**

Explore the items featured in the **FSPHP 2026 Silent Auction**—and consider donating an item of your own to support our mission. Every bid and every donation helps strengthen our mission.

Submit your intent to donate by April 10: [Donate an item.](#)

If you are able to donate or would like more details, please contact: [ssavage@fsphp.org](mailto:ssavage@fsphp.org).



REQUEST A  
CONSULTATION

## PEER™ Program Discounts Still Available

The [Performance Enhancement and Effectiveness Review \(PEER™\) Program](#) helps PHPs apply FSPHP Guidelines to improve performance and align with best practices.

**Discounted rates are still available** thanks to a generous grant from **The Physicians Foundation**. A limited number of PHPs can access the program at reduced pricing:

- 💰 **\$2,500** – First 5 applicants – **3 spots left for this top discount! Submit your application soon!**
- 💰 **\$1,500** – Next 5 applicants
- 💰 **\$1,000** – Final 5 applicants

🕒 Discounts awarded on a **first-come, first-served basis** upon submission of application.

👉 [Learn more here.](#)

? For questions, contact [jestes@fsphp.org](mailto:jestes@fsphp.org).



## Registration Opening Soon for FSPHP Webinar on Physician Patients

*When Physicians Become Patients: Providing Care for General Medical, Mental Health, and Substance Use Disorders*

Wednesday, September 23, 2026

1:00–3:00 PM Eastern Time

When a physician becomes a patient, the physician-patient and the treating clinician often discover a complicated care dynamic. The physician-patient brings extensive medical knowledge, professional identity, and unique vulnerabilities that shape the care experience. The treating physician encounters an uncommon clinical dynamic in which the ethical, emotional, and interpersonal dimensions differ significantly from their typical patient relationship.

This educational program equips physicians and other health care professionals to navigate these distinct dynamics with confidence and sensitivity. Attendees will acquire strategies that build trust, honor confidentiality, and engage the physician-patient in care that meets clinical needs and professional realities.

**FACULTY**



Michael Baron, MD, MPH, DFASAM, FAPA

Chris Bundy, MD, MPH, FAPA, FASAM

Paul H. Earley, MD, DFASAM



RESERVE A SPOT

## Secure Your Spot at the New Member Meeting

FSPHP New Member Meeting

March 31, 2026

12:00pm - 1:30pm Eastern Time

This meeting is open to all FSPHP members—both new and existing!

Lisa Merlo, PhD, MPE

Alexis Polles, MD, FASAM

Join us for an engaging New Member Meeting where you'll have the opportunity to:

- Meet members of the FSPHP Board
- Learn about the history and mission of FSPHP
- Participate in an interactive discussion about our work and impact
- Explore ways to get involved in FSPHP initiatives
- Ask questions and share your ideas on how FSPHP can support you

[Click here to register.](#)

# IMPORTANT



## State Program Members: Review & Update your State Program Pages

Your State Program page is a powerful tool! Keeping it updated ensures accurate information for those looking for information on Physician and Professional Health Programs.

*Three items for your review & update:*

- Contact information on the FSPHP [State Programs list](#);
- Public facing page with structure, services and funding info;
- **Monitoring Requirements page** accessible only to non-members. Access to this page is located via a link at the bottom of your public-facing page.

*\*You will be required to log-in as a member to access and view this page.*

## COMING UP!

**Funding Development Committee**  
Wednesday, March 25 at 1pm Eastern

**Research Committee**  
Wednesday, March 25 at 4pm Eastern

**☀️ FSPHP New Member Meeting**  
Tuesday, March 31 at 12:00pm Eastern  
[Register](#)

**☀️ FSPHP Annual Member Business Meeting**  
May 22, 2026; 1:00pm - 3:00pm Eastern Time  
[Register](#)

March 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	● Finance & Membership Committee...		● Program Planning Committee			
8	9	10	11	12	13	14
		● Public Policy Committee	● Board Meeting			
15	16	17	18	19	20	21
	● Medical Student & Resident Com...		● Program Planning Committee Pre			
22	23	24	25	26	27	28
			● Funding Development Committee...	● Accreditation and Review Comm...		
			● Research Committee			
29	30	31				
		● FSPHP New Member Meeting				

READ PAST ISSUES OF  
INSIGHTS

JOIN FSPHP!

DONATE



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