



# Federation of State Physician Health Programs

## FSPHP Insights

May 22, 2025

MENTAL  
HEALTH  
AWARENESS  
MONTH



### Explore Strategies to Support Healthcare Professionals Well-Being

As we observe Mental Health Awareness Month, the FSPHP joins the [Dr. Lorna Breen Heroes' Foundation](#) in raising awareness about the mental health challenges faced by healthcare professionals. Strengthening the confidential support provided by Professional and Physician Health Programs is one of the six crucial actions aimed at improving access to mental health care for health care professionals and eliminating the stigmatizing policies that have held them back from seeking the help they need.

Read *Health Workers Deserve Care Too: How to Protect Their Mental Health* by Corey Feist, JD, MBA & Kim Downey, PT on the [FSPHP Featured Articles, Podcasts, and Videos about PHPs](#) webpage.



### Act Now - Committee Interest Submissions Due June 2nd!

[FSPHP committees](#) play a vital role in shaping our community and advancing our mission. We need passionate members like YOU to get involved!

 [SUBMIT YOUR INTEREST TO JOIN A COMMITTEE NOW](#)

Have questions? Email [ssavage@fsphp.org](mailto:ssavage@fsphp.org) — we're here to help!



## Showcase Your State Program Events on the FSPHP Website!

Are you a PHP member hosting an event? We'd love to feature it on the [FSPHP State PHP Events](#) page! To have your event listed, simply email your complete event details to [ssavage@fsphp.org](mailto:ssavage@fsphp.org).

Be sure to include: ☒ Event name ☒ Date & location ☒ Description ☒ Contact information ☒ A link for more details and online registration.

Share your event today and let the FSPHP community know what's happening in your state!



## Have a Position to Fill? Send Your Job Postings to FSPHP!

Looking to hire? Share your job postings on the FSPHP Job Board and connect with our incredible members and the broader PHP community. Email the complete job description—including the organization name, job title, and contact information—to [ssavage@fsphp.org](mailto:ssavage@fsphp.org).

### Ready for Your Next Career Move?

Explore exciting opportunities on the [FSPHP Job Board](#) and take the next step in your professional journey!

## COMING UP!

**Funding Development Committee**  
Wednesday, May 28 at 1pm Eastern

**Strategic Partners Collaborative**  
Wednesday, May 28 at 2pm Eastern

**Research Committee**  
Wednesday, May 28 at 4pm Eastern

**2025 REGIONAL MEETING DATES**  
Northeast Region - Thursday, October 9, 2025  
Southeast Region - Tuesday, October 14, 2025  
Western Region - Tuesday, October 21, 2025  
Central Region - Friday, November 14, 2025

*All meetings will be held virtually.*

[Click here for more information and to register.](#)

May 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
			● Funding Development Committee			
			● Research Committee Meeting			

[Click here](#) for more information and to become a  
Regional Member Meeting Sponsor.

---

JOIN FSPHP FOR ACCESS TO MEMBER-ONLY CONTENT



Federation of State Physician Health Programs  
668 Main Street, Suite 8, #295  
Wilmington, MA 01887  
Phone: 978-347-0600 Fax: 978-347-0603

[www.fsphp.org](http://www.fsphp.org)  
[Follow FSPHP on LinkedIn](#)

Best way to contact us is by email:  
[lbresnahan@fsphp.org](mailto:lbresnahan@fsphp.org) Linda Bresnahan, MS, FSPHP Executive Director  
[ssavage@fsphp.org](mailto:ssavage@fsphp.org) Sandra Savage, Membership Services Manager