



Federation of State Physician Health Programs

FSPHP Insights

May 8, 2025



Katie L. Templeton, JD, FSMB
Chair & Oklahoma Osteopathic



Michael Baron, MD, MPH,
DFASAM, FAPA, FSPHP
President, Medical Director of
Tennessee Medical Foundation's
Physician Health Program



Stephen Loyd, MD, President of
TN Board of Medical Examiners,
Chair of TN Opioid Abatement
Council, CMO of Cedar Recovery,
Advocate for Action by the
Office of National Drug Control
Policy, an office of the President
of the United States

Now Available: FSPHP & FSMB Joint Session Video – *Confidentiality, Safety, Collaboration, and Care in a Physician's Journey*

This powerful, eye-opening, complimentary 90-minute session could transform the way we think about mental health and recovery.

The joint session of the **Federation of State Physician Health Programs (FSPHP)** and the **Federation of State Medical Boards (FSMB)**, held on **April 25th in Seattle**, reveals the life-saving impact of **Physician Health Programs (PHPs)** and makes a compelling case for broader reform. It highlights how compassionate, confidential, and continuous care not only transforms but often saves physicians' lives—raising critical questions about why this model isn't more widely available.

Hear from leading voices in physician health, **Dr. Michael Baron** and **Dr. Stephen Loyd**, as they share firsthand insights on how PHPs—centered on support and rehabilitation—deliver extraordinary outcomes. Dr. Loyd's personal story is profoundly moving and deeply insightful—his raw, honest sharing is truly commendable.

When physicians face mental health or substance use challenges, these programs restore lives and careers while ensuring patient safety.

[Click here for more info and to watch the recording*.](#)

**You will be required to log-in or create an account with FSMB.*





Thank you to our 2025 Conference & Annual Membership Meeting Guest Speakers

FSPHP sincerely appreciates the time, expertise, and insights shared by our guest speakers. Their contributions to the FSPHP 2025 Conference & Annual Membership Meeting have enriched our discussions, inspired meaningful conversations, and helped advance our collective mission.

Thank you for their dedication and commitment to physician health and well-being!



Petros Levounis, MD, MA

Prof & Chr, Dpt. of Psychiatry, Associate Dean, Rutgers Medical School; Chief of Service, Univ Hospital; Dir, Northern NJ Medications for Addiction Treatment Ctr of Excellence; 151st Pres, American Psychiatric Association
***The Neurobiology of Addiction in 2025;
Addiction in LGBTQ+ Communities and Crystal
Methamphetamine Use Among Gay Men***



Christine Yu Moutier, MD

*Chief Medical Officer,
American Foundation for Suicide Prevention*
Suicide Prevention, Postvention and Safe Messaging



Jessi Gold, MD, MS

*Chief Wellness Officer; Associate Professor
University of Tennessee; Department of Psychiatry,
University of Tennessee Health Science Center*
***Staying Human: Taking Care of Ourselves While Taking
Care of Others***



Wirt Andy Hines, PhD, MD

Anacortes Dermatology Inc.
***Mania, Medicine, and Mirandas: A Doctor's Story of
Bipolar Disorder and Recovery***



Regional Member Meetings: Sharing Experiences, Developing Best Practices, and Advancing Physician Health Awareness

Regional Member Meetings provide a valuable opportunity for members to share experiences, discuss and develop best practices, and enhance awareness of key issues related to physician health and impairment.

2025 REGIONAL MEETING DATES

Northeast Region - Thursday, October 9, 2025

Southeast Region - Tuesday, October 14, 2025

Western Region - Tuesday, October 21, 2025

Central Region - Friday, November 14, 2025

All meetings will be held virtually.

[Click here for more information and to register.](#)



Support Physician Health—Sponsor Our Fall Regional Member Meetings!

Join us in advancing physician health and wellness by sponsoring our **Fall Virtual Regional Member Meetings**. Your support helps strengthen **physician and professional health programs**, ultimately enhancing the well-being of medical professionals and improving patient care.

Sponsorship is \$1,000 per meeting and includes:

- ✓ **Logo recognition** on the agenda and meeting materials
- ✓ **Attendance for two representatives** during designated meeting segments
- ✓ **A brief opportunity to address attendees**

Your sponsorship directly contributes to our shared mission of fostering physician health and professional well-being.

[CLICK HERE](#) for more information and to become a **Regional Member Meeting Sponsor**.

For questions, email ssavage@fsphp.org.



Get Involved – Join an FSPHP Committee!

Interest Submissions due June 2nd

The FSPHP relies on dedicated volunteers to serve on its committees, helping advance its mission and objectives. Learn how you can contribute and make an impact!

Visit the [FSPHP Committees webpage](#) to explore opportunities and find the right committee for you!

[Click here for more info and to submit your Committee Interest Submission.](#)

Email ssavage@fsphp.org with questions.



IDAA Scholarships Available for 2025 Conference

Scholarship applications are now open for the **Annual IDAA Conference**, happening July 9-13 in Spokane, Washington! Much like newcomers at a 12-step meeting, scholarship recipients are at the heart of every IDAA Annual Conference. Thanks to the generosity of their members, IDAA is able to offer full and partial scholarships to individuals and, in some cases, their families, ensuring financial need isn't a barrier to attending.

Scholarships cover registration fees, CE credits, and lodging and are available for both individuals and families.

For more details, visit [Scholarship & Financial Aid Information](#). Scholarships are awarded on a first-come, first-served basis.

Advance Notice of 2026 Membership Dues

FSPHP is providing early notice of the 2026 membership dues to support your budgeting and planning the upcoming year.

The FSPHP membership cycle runs January 1 – December 31, with official renewal notices and invoices sent on October 1.

The 2026 membership dues will reflect a 3% increase, aligned with the Consumer Price Index (CPI). This adjustment, carefully reviewed by our Membership and Finance Committees, helps offset rising operational costs while ensuring continued support, resources, and advocacy for our members.

**2026 DUES
ADVANCE NOTICE**

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