



Federation of State Physician Health Programs

FSPHP Insights

October 10, 2025



CBS Morning Show Segment Features Physician Health Programs



We're excited to share that *CBS Mornings Plus* recently featured the vital work of State Physician Health Programs (PHPs), which help doctors recover from substance use and mental health challenges while protecting patient safety.

The segment follows surgeon Dr. Courtney Barrows McKeown, who shared her courageous story of recovery and return to practice — showing that with the right structure, support, and accountability, healing is possible. As she put it, “I’m a better surgeon, doctor, wife, daughter, sister — you name it — than I ever was before.”

FSPHP Chief Medical Officer Dr. Chris Bundy also reminded viewers: “A monitored physician is a safe doctor.”

These programs have quietly helped thousands of physicians find lasting recovery, reduce stigma, and continue serving patients safely. **We encourage you to share this story with your networks** to help raise awareness and support compassionate, evidence-based approaches to physician health and well-being.



ASAM Physicians Health SIG Meeting on Oct. 22 to Feature Dr. Michael Baron

FSPHP members are invited to the upcoming **American Society of Addiction Medicine (ASAM) Physicians Health Special Interest Group (SIG)** meeting.

 **Wednesday, October 22**

 **8:00 PM ET.**

FSPHP President and Medical Director of the Tennessee Physicians Health Program **Dr. Michael Baron** will speak on the vital role of **Physician Health Programs (PHPs)** and lead a discussion on physician and healthcare professional well-being.

 [Click here to register](#)



Webinar: FSPHP National Physician Health Program Survey Results - Insights to Elevate Your PHP Impact

This webinar is open to FSPHP State Voting, Associate, International & Honorary members only.

 **Date: November 5th**

 **Time: 12pm - 1:30pm Eastern**

Featuring:

Chris Bundy, MD, MPH, FAPA, FASAM

Chief Medical Officer of FSPHP

Executive Medical Director of the Washington Physicians Health Program

Lisa Merlo, PhD, MPE

Co-Chair of the FSPHP Research Committee

Assoc. Professor of Psychiatry, University of Florida; Director of Research, Professionals Resource Network, Inc.



Why Attend and How the Results Impact Your Work:

- **National Insights:** Gain a comprehensive view of the structures, scope, and operations of Physician Health Programs (PHPs) across the country.
- **Trends in PHP Services:** Learn how PHPs are supporting physicians with substance use, psychiatric disorders, and co-occurring conditions.
- **Operational Benchmarks:** Examine national trends to guide your program's staffing, budget, service offerings, and administrative practices.
- **Monitoring Practices:** Review the current landscape of approaches to monitoring.
- **Strengthen Stakeholder Communication:** Leverage survey data to educate hospitals, licensing boards, and other partners on the value and impact of your PHP
- **Continuous Improvement:** Adopt proven practices in engagement, monitoring, and administration to

strengthen program effectiveness.

[Register here!](#)

2026
EXHIBITOR
REGISTRATION
Now Open!

Register before December 31, 2025, and join the
FSPHP as a NEW Industry Partner Member
for a total discount of \$700!

Exhibitor Registration Early Bird Special



Register to Exhibit at the FSPHP 2026 Education Conference by **December 31, 2025**, and become a **NEW Industry Partner Member** to receive a **\$700 discount** on your exhibitor package!

 Explore exhibitor benefits in the [FSPHP 2026 Exhibitor Brochure](#)



Upcoming Virtual FSPHP Member-Only Events

Southeast Region Member Meeting

Date: October 14, 2025; **Time:** 1:30 PM – 5:00 PM Eastern
Share experiences, discuss and develop best practices, and enhance your awareness of issues related to physician health and impairment.

Audience: Open to all FSPHP members

[Click here to register](#)

Open Forum Leadership Series

Date: November 19, 2025; **Time:** 12:00 PM – 1:00 PM Eastern

Facilitator: Dr. P. Bradley Hall, FSPHP Director-at-Large;
Executive Medical Director, West Virginia Medical
Professionals Health Program

Audience: Open to PHP members who are part of their
program's leadership team.

[Click here to register](#)

FSPHP Membership Information Session

Date: February 18, 2026; **Time:** 12:00 PM – 1:30 PM Eastern

Join the FSPHP Board of Directors for this complimentary session designed to help you connect with fellow members and learn more about FSPHP.

Audience: Open to all FSPHP members—both new and existing.

[Click here to register.](#)

FSPHP New Member Meeting

Date: March 31, 2026; **Time:** 12:00 PM – 1:30 PM Eastern

A welcoming space to connect, collaborate, and help shape the future of physician health.

Audience: Open to all FSPHP members—both new and existing.

[Click here to register.](#)

FSPHP Annual Member Business Meeting

Date: May 22, 2026; **Time:** 1:00 PM – 3:00 PM Eastern

This important meeting will include a review of organizational priorities, a treasurer’s report, recognition of new members, committee updates, and the announcement of 2026 ballot results—including the installation of the next President.

Audience: Open to all State-Voting, Associate, International, and Honorary Members.

[Click here to register.](#)



Submit Your Abstract to ICPH

FSPHP members are encouraged to submit an abstract to the **International Conference on Physician Health™ (ICPH)**—a collaborative event hosted by the AMA, CMA, and BMA. ICPH showcases research and system-level initiatives aimed at reducing burnout and promoting professional well-being.

This is a great opportunity to share your work and insights on **Physician Health Programs (PHPs)** and contribute to the global conversation on clinician wellness.

 **Abstracts are due by February 2, 2026.**

[Learn more here](#)

October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6	7	8	9	10	11
	● Membership Committee Meeting	● Nominating Committee		● FSPHP Northeast Region Member Meeting		
12	13	14	15	16	17	18
		● FSPHP Southeast Region Member Meeting	● Executive Committee Meeting		● Task Force to Support Safe Use	
			● Program Planning Committee Abv		● Program Planning Committee Abv	
19	20	21	22	23	24	25
		● FSPHP Western Region Member Meeting	● Research Committee Meeting	● Evaluation and Treatment Action		
26	27	28	29	30	31	
	● Publications Committee Meeting		● Funding Development Committee			

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INSIGHTS!

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COMING UP!

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GE

Southeast Region Member Meeting

October 14 at 1:30p Eastern Time



Program Planning Committee Abstract Meeting

October 15 at 3pm Eastern Time

Federation of State Physician Health Programs

668 Main Street, Suite 8, #295

Wilmington, MA 01887

Executive Committee Meeting

October 15 at 4pm Eastern Time

www.fsphp.org

[Follow FSPHP on LinkedIn](#)

Task Force to Support Safe Haven Meeting

October 17 at 12:30pm Eastern Time

Best way to contact us is by email:

lbresnahan@fsphp.org Linda Bresnahan, MS, FSPHP Executive Director

ssavage@fsphp.org Sandra Savage, Membership Engagement & Communications Manager

jhsunder@fsphp.org Jennifer Herndon, Membership Assistant

jestes@fsphp.org Jolie Estes, Accreditation & Project Specialist

Program Planning Committee Abstract Review Meeting

October 17 at 3pm Eastern Time