



Federation of State Physician Health Programs

FSPHP Insights

October 17, 2025



Progress, Not Perfection: Insights to Strengthen PHPs at Every Stage of Growth

 **Strengthen Your PHP with the Performance Enhancement and Effectiveness Review - Act Now & Save!**

FSPHP invites you to take advantage of a [limited-time discount](#) on the PEER™ review process.

Why Apply Now?

The PEER™ is a [Performance Enhancement and Effectiveness Review](#) designed to help PHPs at *all stages* of development gain valuable feedback, improve operations, and strengthen resources.

- ✓ **Feedback Over Perfection** – You don't need every policy perfected. Even with gaps, PHPs gain actionable insights for improvement.
- ✓ **Resource Development** – Use the findings to guide funding strategies, staffing plans, and program priorities.
- ✓ **Board & Stakeholder Confidence** – Demonstrate leadership by completing the process – early participation sends a strong signal of initiative.
- ✓ **Opportunities for Growth** – Strengthen systems and identify areas for continued advancement.
- ✓ **National Recognition** – Join other PHPs nationwide who are enhancing their programs through PEER™ because a rising tide lifts all boats.

Special Offer: Apply now to secure your discount and move your PHP forward with confidence!

 Don't wait—improvement starts with the first step.

For more information, visit our PEER™ info pages and FAQs too: <https://www.fsphp.org/peer-program>

To set up a call to review the process and answer questions: [Click here to contact FSPHP.](#)



Slides Available - FSPHP President, Dr. Michael Baron segment in *Breaking Silence* Offers Insightful Guidance Regarding Signs and Strategies to Address Burnout

Hosted by the **American Psychiatric Association**, this powerful webinar held earlier this week tackled one of the most pressing issues in medicine today: physician mental health and suicide prevention. The session opened with a deeply moving recovery story from **Dr. Carrie Cunningham**, setting the tone for an honest and impactful conversation. Five leading experts in the field—including **Dr. Christine Moutier** and FSPHP President **Dr. Michael Baron**—shared insights, strategies, and hope for a healthier future in healthcare.

 [Download the session slides](#)

Learn more at

<https://www.psychiatry.org/psychiatrists/meetings/breaking-the-silence-confronting-physician-stress>

Call for Nominations: FSPHP Board of Directors

Nomination Submissions Due: December 19, 2025

Serving on the board of a nonprofit professional membership association is one of the most effective ways to support this vital mission. As a member of the **FSPHP Board of Directors**, you'll help shape the future of Physician & Professional Health Programs, advocate for your peers, and elevate standards of care and support nationwide.

Open Board Positions (Term: May 2026 – May 2028)

- President-Elect
- Central Region Director
- Northeast Region Director
- Southeast Region Director
- Western Region Director

All current officeholders seeking re-election are eligible.

Please note:

*Only **State or Associate members** who are staff of Physician Health Programs (PHPs) may serve as Officers or Directors.*

No state may hold more than one regional directorship.

Visit the [2026 FSPHP Call for Nominations](#) webpage for details and to access the [Nominee Submission Form](#).

2026
EXHIBITOR
REGISTRATION
Now Open!

Register before December 31, 2025, and join the FSPHP as a NEW Industry Partner Member for a total discount of \$700!



Exhibitor Registration Early Bird Special



Register to Exhibit at the FSPHP 2026 Education Conference by **December 31, 2025**, and become a **NEW Industry Partner Member** to receive a **\$700 discount** on your exhibitor package!

 Explore exhibitor benefits in the [FSPHP 2026 Exhibitor Brochure](#)

Upcoming Virtual FSPHP Member-Only Events

Western Region Member Meeting

Date: October 21, 2025; **Time:** 10:00 AM – 5:00 PM Western
Share experiences, discuss and develop best practices, and enhance your awareness of issues related to physician health and impairment.

Audience: Open to all FSPHP members

[View the agenda](#)

[Click here to register](#)



Open Forum Leadership Series

Date: November 19, 2025; **Time:** 12:00 PM – 1:00 PM Eastern

Facilitator: Dr. P. Bradley Hall, FSPHP Director-at-Large;
Executive Medical Director, West Virginia Medical
Professionals Health Program

Audience: Open to PHP members who are part of their
program's leadership team.

[Click here to register](#)



FSPHP Membership Information Session

Date: February 18, 2026; **Time:** 12:00 PM – 1:30 PM Eastern
Join the FSPHP Board of Directors for this complimentary
session designed to help you connect with fellow members and
learn more about FSPHP.

Audience: Open to all FSPHP members—both new and existing.

[Click here to register.](#)



FSPHP New Member Meeting

Date: March 31, 2026; **Time:** 12:00 PM – 1:30 PM Eastern

A welcoming space to connect, collaborate, and help shape the future of physician health.
Audience: Open to all FSPHP members—both new and existing.
[Click here to register.](#)

FSPHP Annual Member Business Meeting

Date: May 22, 2026; **Time:** 1:00 PM – 3:00 PM Eastern
This important meeting will include a review of organizational priorities, a treasurer’s report, recognition of new members, committee updates, and the announcement of 2026 ballot results—including the installation of the next President.
Audience: Open to all State-Voting, Associate, International, and Honorary Members.
[Click here to register.](#)



Rally by Region 2025: Progress Across the Map
Momentum is building in every region as the FSPHP’s [Rally by Region 2025](#) campaign gains traction! Programs nationwide are stepping up to support physician health and well-being—but we need your help to keep the momentum going. Your donation fuels vital resources, outreach, and recovery efforts that save lives.

 [Donate today](#) and help your region rise!

COMING UP!

[Western Region Member Meeting](#)
October 21 at 10:00am – 5:00pm Pacific Time

Research Committee Meeting
October 22 at 4pm Eastern Time

**Evaluation and Treatment Accreditation™ (FSPHP-ETA™)
Committee Meeting**
October 23 at 4pm Eastern Time

October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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INSIGHTS!

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