## **FSPHP Insights**

October 17, 2025



## Progress, Not Perfection: Insights to Strengthen PHPs at Every Stage of Growth

Strengthen Your PHP with the Performance Enhancement and Effectiveness Review - Act Now & Save!

FSPHP invites you to take advantage of a <u>limited-time discount</u> on the PEER<sup>TM</sup> review process.

#### Why Apply Now?

The PEER<sup>TM</sup> is a <u>Performance Enhancement and Effectiveness</u> <u>Review</u> designed to help PHPs at *all stages* of development gain valuable feedback, improve operations, and strengthen resources.

- ✓ Feedback Over Perfection You don't need every policy perfected. Even with gaps, PHPs gain actionable insights for improvement.
- ✓ **Resource Development** Use the findings to guide funding strategies, staffing plans, and program priorities.
- ✓ Board & Stakeholder Confidence Demonstrate leadership by completing the process early participation sends a strong signal of initiative.
- ✓ Opportunities for Growth Strengthen systems and identify areas for continued advancement.
- ✓ National Recognition Join other PHPs nationwide who are enhancing their programs through PEER<sup>TM</sup> because a rising tide lifts all boats.

Special Offer: Apply now to secure your discount and move your PHP forward with confidence!

**b** Don't wait—improvement starts with the first step.

For more information, visit our PEER™ info pages and FAQs too: <a href="https://www.fsphp.org/peer-program">https://www.fsphp.org/peer-program</a>

To set up a call to review the process and answer questions: Click here to contact FSPHP.





## Slides Available - FSPHP President, Dr. Michael Baron segment in *Breaking Silence* Offers Insightful Guidance Regarding Signs and Strategies to Address Burnout

Hosted by the American Psychiatric Association, this powerful webinar held earlier this week tackled one of the most pressing issues in medicine today: physician mental health and suicide prevention. The session opened with a deeply moving recovery story from Dr. Carrie Cunningham, setting the tone for an honest and impactful conversation. Five leading experts in the field—including Dr. Christine Moutier and FSPHP President Dr. Michael Baron—shared insights, strategies, and hope for a healthier future in healthcare.

**Download the session slides** 

#### Learn more at

https://www.psychiatry.org/psychiatrists/meetings/breaking-the-silence-confronting-physician-stress



# Call for Nominations: FSPHP Board of Directors

Nomination Submissions Due: December 19, 2025

Serving on the board of a nonprofit professional membership association is one of the most effective ways to support this vital mission. As a member of the **FSPHP Board of Directors**, you'll help shape the future of Physician & Professional Health Programs, advocate for your peers, and elevate standards of care and support nationwide.

📌 Open Board Positions (Term: May 2026 – May 2028)

- President-Elect
- Central Region Director
- Northeast Region Director
- Southeast Region Director
- Western Region Director

All current officeholders seeking re-election are eligible.

#### Please note:

Only **State or Associate members** who are staff of Physician Health Programs (PHPs) may serve as Officers or Directors. No state may hold more than one regional directorship.

Visit the <u>2026 FSPHP Call for Nominations</u> webpage for details and to access the <u>Nominee Submission Form</u>.



## **Exhibitor Registration Early Bird Special**



Register to Exhibit at the FSPHP 2026 Education Conference by December 31, 2025, and become a NEW Industry Partner Member to receive a \$700 discount on your exhibitor package!

Explore exhibitor benefits in the FSPHP 2026 Exhibitor

Brochure



#### **Upcoming Virtual FSPHP Member-Only Events**

#### **Western Region Member Meeting**

**Date:** October 21, 2025; **Time:** 10:00 AM – 5:00 PM Western Share experiences, discuss and develop best practices, and enhance your awareness of issues related to physician health and impairment.

Audience: Open to all FSPHP members

View the agenda Click here to register

## **Open Forum Leadership Series**

**Date:** November 19, 2025; **Time:** 12:00 PM – 1:00 PM Eastern **Facilitator:** Dr. P. Bradley Hall, FSPHP Director-at-Large; Executive Medical Director, West Virginia Medical Professionals Health Program

Audience: Open to PHP members who are part of their

program's leadership team.

Click here to register

### FSPHP Membership Information Session

**Date:** February 18, 2026; **Time:** 12:00 PM – 1:30 PM Eastern Join the FSPHP Board of Directors for this complimentary session designed to help you connect with fellow members and learn more about FSPHP.

**Audience:** Open to all FSPHP members—both new and existing. Click here to register.



**Date:** March 31, 2026; **Time:** 12:00 PM - 1:30 PM Eastern

A welcoming space to connect, collaborate, and help shape the future of physician health.

**Audience:** Open to all FSPHP members—both new and existing. **Click here to register.** 

## ờ FSPHP Annual Member Business Meeting

**Date:** May 22, 2026; **Time:** 1:00 PM – 3:00 PM Eastern This important meeting will include a review of organizational priorities, a treasurer's report, recognition of new members, committee updates, and the announcement of 2026 ballot results—including the installation of the next President. **Audience:** Open to all State-Voting, Associate, International, and Honorary Members.

Click here to register.



#### Rally by Region 2025: Progress Across the Map

Momentum is building in every region as the FSPHP's <u>Rally by</u> <u>Region 2025</u> campaign gains traction! Programs nationwide are stepping up to support physician health and well-being—but we need your help to keep the momentum going. Your donation fuels vital resources, outreach, and recovery efforts that save lives.

**Donate today** and help your region rise!

#### **COMING UP!**

#### **Western Region Member Meeting**

October 21 at 10:00am - 5:00pm Pacific Time

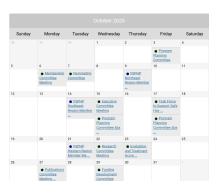
## Research Committee Meeting

October 22 at 4pm Eastern Time

Evaluation and Treatment Accreditation™ (FSPHP-ETA™)

Committee Meeting

October 23 at 4pm Eastern Time



READ PAST ISSUES OF INSIGHTS!

JOIN FSPHP FOR ACCESS TO MEMBER-ONLY CONTENT

**DONATE TO FSPHP** 



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