

FSPHP Insights

September 12, 2025







Highlights from the FSPHP Board of Directors Strategic Meeting

The FSPHP Board of Directors came together for a powerful day-and-a-half of strategic discussion and planning this week. This impactful gathering reaffirmed our shared commitment to:

- Advancing awareness of our member Physician Health Programs (PHPs) and Healthcare Professional Programs
- Strengthening our <u>Performance Enhancement and</u> <u>Effectiveness Review (PEERTM)</u> Program
- Supporting the accreditation of evaluation and treatment centers serving healthcare professionals (FSPHP-ETATM).

Our mission remains clear: to support the health and well-being of physicians and healthcare professionals, ultimately protecting the patients they serve.

We are grateful to our dedicated board members and leaders for their guidance and vision:

Michael Baron, MD MPH, DFASAM, FAPA • Edwin Kim, MD • Scott Hambleton, MD, DFASAM • Heather Wilson, MSW, CFRE, CAE • Kelley Long, MBA • Richard N. Whitney, MD DABAM, FASAM • Kay O'Shea, MAC, CADC, CCTP • Mark Albanese, MD • Molly Rossignol, DO • Paul Earley, MD, DFASAM • Doris Gundersen, MD • Laura Moss, MD • Brad Hall, MD, DFASAM, DABAM • Arthur Hengerer, MD • Chris Bundy, MD, MPH • Atty. Mary Azzarito • Sandra Savage • Linda Bresnahan

This gathering was not just a reflection on our progress, - it was a bold step forward in shaping the future of physician and healthcare professional well-being.

2026 **CALL FOR PRESENTATIONS** Now Open!

3 Weeks Left to Submit an Abstract for 2026

The FSPHP 2026 Education Conference & Annual Membership Meeting - Navigating Change: Challenges, **Solutions**, and **Success**, is now accepting presentation proposals!

Due Dates

Oral Presentations: October 6, 2025 Poster Presentations: December 19, 2025











McKeown, MD

Free Access to the FSPHP & FSMB Webinar **Recording Still Available**

Protecting Health, Privacy & Patient Safety: The Role of Physician Health Programs and State Medical Boards Presented by the Federation of State Physician Health Programs (FSPHP) & the Federation of State Medical Boards (FSMB).

The recording of this important webinar is still available **for** free!

Duration: 1 hour 30 minutes

↑ Watch Now: Access the Recording & Details

Speakers Include:

- Mary A. Azzarito, Esq.
- Courtney Barrows McKeown, MD
- Arthur Hengerer, MD
- Katie L. Templeton, JD

Key topics include:

- The importance of "safe haven" provisions in medical regulation
- The role of PHPs in addressing mental health, substance use, and burnout
- How confidentiality and public safety can be balanced effectively

Watch the recording today!

The recording is username and password protected, so you will need to Sign-Up for an FSMB account if you don't have one already.



National Physician Suicide Awareness Day is September 17th - Access the Guide for **Organizations**

The National Physician Suicide Awareness Day Guide for Organizations is a comprehensive resource from NPSADay.org that equips healthcare organizations with actionable strategies to support physician mental health and prevent suicide. It

outlines ways to engage leadership, promote wellness initiatives, and foster a culture of transparency and support.

Access the Guide at https://npsaday.org/wp-content/uploads/2025/09/PF-NPSADay-Guide-for-Organizations.pdf

FSPHP is proud to be recognized as a National Physician Suicide Awareness Day Supporting Organization. We stand alongside others committed to raising awareness of the physician suicide epidemic and mobilizing physicians, their colleagues, and loved ones to foster a culture of well-being. This includes prioritizing the reduction of burnout, protecting job satisfaction, and promoting the belief that seeking mental health support is a courageous and vital act of strength.



Don't Miss the Fall Regional Member Meetings

The FSPHP Fall Regional Member Meetings offer a unique opportunity for State Physician Health Program members to connect, share insights, and collaborate on advancing best practices in healthcare professional well-being.

FSPHP 2025 Regional Member Meetings

Northeast Region - Thursday, October 9, 2025 Southeast Region - Tuesday, October 14, 2025 Western Region - Tuesday, October 21, 2025 Central Region - Friday, November 14, 2025

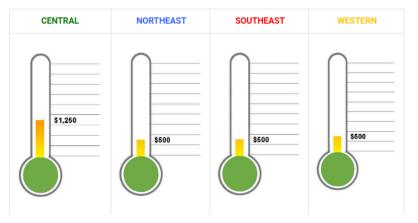
Learn more and register.

Regional Member Meetings are an FSPHP Member benefit. Log-in required to register.

<u>CLICK HERE</u> for more information on becoming a Regional Member Meeting Sponsor.



🎉 Central Region Takes the Lead!



In the spirited 5th annual <u>Rally-by-Region</u>, the **Central Region** has surged ahead, setting the pace in the race to raise \$14,000 in support of physician health initiatives. With each region aiming for \$3,500, early momentum by all of the regions is a testament to your commitment to advancing best practices,

expanding research, and raising awareness through FSPHP's key programs like <u>PEER™</u> and <u>FSPHP-ETA™</u>.

Every contribution fuels the mission! Visit the <u>Rally-by-Region</u> 2025 page to see how your region progresses.

Make your donation.

COMING UP!

Medical Student & Resident Committee

Monday, September 15 at 2pm Eastern

Public Policy Committee

Tuesday, September 23 at 3pm Eastern Time

Funding Development Committee

Wednesday, September 24 at 1pm Eastern Time

Research Committee

Wednesday, September 24 at 4pm Eastern Time

Regional Member Meetings

Northeast Region - Thursday, October 9

Southeast Region - Tuesday, October 14

Western Region - Tuesday, October 21

Central Region - Friday, November 14



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