

FSPHP Insights

September 19, 2025



Dr. Michael Baron



Dr. Sarah Early

FSPHP Members at ACPH 2025: Shaping the Future of Clinician Wellbeing

Dr. Mark Albanese & Dr. Paul Simeone - MA PHS Dr. Michael Baron - TNMF PHP Dr. Chris Bundy - WA PHP Dr. Joyce Davidson - CO PHP Dr. Melissa Henke - ND PHP Ms. Emily King - NC PHP Dr. Sarah Early & Ms. Amanda Kimmel - CO PHP Dr. Lisa Merlo - FL PRN Dr. Molly Rossignol - NH PHP Dr. Richard Whitney - OH PHP Ms. Linda Bresnahan - FSPHP FSPHP has a Powerful Presence ACPH 2025

Transforming the Future of Physician Wellbeing

— Better Together



In an ongoing effort to elevate awareness and expand access to Physician Health Programs (PHPs), ten FSPHP member programs from across the U.S. were proudly represented at the American Conference on Physician Health (ACPH), held in Boston on September 11 – 13. This premier national event brought together Chief Wellness Officers, medical executives, and health system leaders who are shaping the future of clinician wellbeing.

FSPHP's presence underscored the vital role PHPs play in sustaining the health and effectiveness of our medical workforce. Several FSPHP leaders delivered key presentations, sharing insights on best practices, early intervention strategies, and the importance of state PHPs' confidential support systems for physicians.

Program highlights included:

- Sessions on organizational culture transformation
- Evidence-based approaches to peer support and burnout reduction
- Panels exploring system-level interventions for sustained clinician wellbeing
- Collaborative opportunities with national leaders in health systems, academic medicine, and policy









Exhibit at FSPHP 2026 in Baltimore!

Join us April 29–May 2, 2026, for the **FSPHP Education Conference and Annual Membership Meeting:** *Navigating Change—Challenges, Solutions, and Success.* This premier event brings together 300+ physicians, healthcare professionals, and PHP experts dedicated to clinician health and well-being.

Showcase your organization, connect with leaders in the field, and be part of the movement advancing professional wellness.

Farly Bird Special: Register by **December 31, 2025**, and become a **NEW Industry Partner Member** to receive a **\$700 discount** on your exhibitor package!

Explore exhibitor benefits in the <u>FSPHP 2026 Exhibitor</u> <u>Brochure</u>.

Abstract Due Date Approaching!

Due Dates for 2026 Presentation Submissions!

Oral Presentations: October 6, 2025 Poster Presentations: December 19, 2025

S Learn more & submit your proposal



Don't Miss the Northeast Regional Member Meeting!

We'd love to have you join us for this important gathering of colleagues and peers. The meeting will feature valuable updates, engaging presentations, and opportunities to connect with fellow members across the region. View the agenda.

If you plan to attend, please take a moment to register today.

<u>https://fsphp.memberclicks.net/index.php?</u>

option=com_mcform&view=ngforms&id=2240839

We hope to see you there!

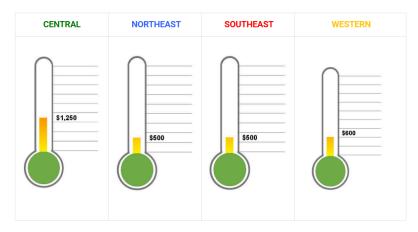
Attend ANY & ALL Regional Member Meetings!

Register for the meetings that fit your schedule—no matter the region!

More details & registration links!



Mestern Region on the Rise!



The **Western** Region is making progress in the 5th annual <u>Rally-by-Region</u>!

Challenge fellow leaders in your region to donate, honor the colleagues who uplift and inspire you, and encourage everyone in your network to support the mission of physician health and well-being.

Let's rally together—region by region—with purpose, pride, and passion.

Visit the <u>Rally-by-Region 2025</u> page to see how your region progresses.

Make your donation.

Public Policy Committee

Tuesday, September 23 at 3pm Eastern Time

Funding Development Committee

Wednesday, September 24 at 1pm Eastern Time

Research Committee

Wednesday, September 24 at 4pm Eastern Time

Regional Member Meetings

Northeast Region - Thursday, October 9 Southeast Region - Tuesday, October 14 Western Region - Tuesday, October 21 Central Region - Friday, November 14

September 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	Program Planning Committee	4	5	6
7	8	Board of Director Retreat	Board of Director Retreat	11	12	13
14	15	16	17	18	19	20
21	22	Public Policy Committee Meetin	Funding Development Committee Research Committee Meeting	Accreditation and Review Counc	26	27

READ PAST ISSUES OF INSIGHTS!

JOIN FSPHP FOR ACCESS TO MEMBER-ONLY CONTENT

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<u>www.rspnp.org</u> <u>Follow FSPHP on LinkedIn</u>

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