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Federation of State Physician Health Programs (FSPHP) announces successful [Performance Enhancement and Effectiveness Review \(PEER™\)](#) completion by five Physician and Healthcare Professional Programs (PHPs)

The Federation of State Physician Health Programs (FSPHP) proudly congratulates the following programs on successful completion of their FSPHP PEER™:

- [Utah Professionals Health Program \(UPHP\)](#): August 5, 2024
- [Pennsylvania Physicians' Health Program](#): August 9, 2024
- [Community Bridges, Inc. Professionals Medical Monitoring Program](#): August 2 & 5, 2024
- [Colorado Physician Health Program \(CPHP\)](#): December 9, 2025
- [Pu'ulu Lapa'au: Hawaii Program for Healthcare Professionals](#): February 3, 2026

We applaud the decision of these PHPs to participate in this important process. The PEER™ is a structured review process designed to empower PHPs and other safety-sensitive professional health programs to use the FSPHP PHP Guidelines as a practical tool for identifying opportunities to optimize performance and effectiveness in alignment with best practices among PHPs. It utilizes a comprehensive set of PEER™ assessment criteria, metrics, and assessment method specifications that align with the FSPHP PHP Guidelines developed through a robust consensus-building process utilizing a diverse group of subject-matter experts.

“By completing the PEER™ review, these programs send a powerful message to physicians and other healthcare professionals: your health matters. These programs demonstrate that PHPs can continually examine and strengthen their practices to better address mental health conditions, including substance use disorders, while preserving the confidentiality that is essential for seeking help. In doing so, these programs are helping to ensure that those who care for others can safely get the care they need themselves.” – Dr. Michael Baron, President, FSPHP

At a time when physician well-being is under unprecedented strain, the need for specialized, high-quality, confidential PHPs that address mental health conditions, including substance use disorders, has never been more critical. This makes the achievement of Utah Professionals Health Program (UPHP), Pennsylvania Physicians' Health Program, Community Bridges, Inc. Professionals Medical Monitoring Program, Colorado Physician Health Program (CPHP), and Pu'ulu Lapa'au: Hawaii Program for Healthcare Professionals especially meaningful.

By participating in the PEER™ program, PHPs are using the FSPHP PHP Guidelines to strengthen accountability, consistency, and excellence while identifying opportunities to improve the program. The review process offers an opportunity for the program to identify resource needs to support current and anticipated levels of service, thereby improving the ability of the program to contribute to workforce health and preservation to the benefit of the profession and the public served. This commitment to continuous evaluation and improvement helps support the long-term viability of these programs and the well-being of the participants they ultimately serve.

Participating programs reported that the PEER™ experience was a turning point in strengthening the credibility of clinical decisions, supporting approval of key policies and procedures, and affirming program progress made to date. They also emphasized that the PEER™ process helped clarify operational and resource needs, enhance relationships with regulatory and other stakeholders, and provide a clear roadmap for continued program improvement, with surveyors described as professional and the process strongly recommended to other PHPs.

Thanks to a grant from The Physicians Foundation, PHPs can benefit from a discount when participating in the PEER™ for a limited time.

For more information about these programs or to learn how they are advancing health and wellness of healthcare professionals, visit their respective websites or contact their program directors/leadership teams directly.

To learn more about FSPHP-PEER™, to purchase the criteria and metrics, and/or participate: <https://www.fsphp.org/peer-program>

About FSPHP: The FSPHP evolved over 35 years ago from initiatives taken by the American Medical Association, the Federation of State Medical Boards, and state medical societies. PHPs serve as a safe, confidential resource for the profession, focusing on outreach, education, and health monitoring for physicians and healthcare professionals at risk for impairment. Today, nearly every state has developed a PHP that operates within the parameters of state regulation and legislation.

The FSPHP is a non-profit 501 (c)(3) professional membership association with elected officers and an elected [Board of Directors](#). FSPHP has the largest membership in history, with 50 [State Physician Health Program Members](#) and 325 total members of the association. More information about FSPHP can be found here: www.fsphp.org.