



Federation of State Physician
Health Programs

Better Together

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Federation of State Physician Health Programs (FSPHP) announces successful [Performance Enhancement and Effectiveness Review \(PEER™\)](#) completion by the North Carolina Professionals Health Program

The Federation of State Physician Health Programs (FSPHP) proudly congratulates the **North Carolina Professionals Health Program** on the successful completion of its FSPHP PEER™ on **August 4, 2026**.

We applaud the decision of the **North Carolina Professionals Health Program (NCPHP)** to participate in this important process. The [PEER™](#) is a structured review process designed to empower Physician Health Programs (PHPs) and other safety-sensitive professional health programs to use the [FSPHP PHP Guidelines](#) as a practical tool for identifying opportunities to optimize performance and effectiveness in alignment with best practices among PHPs. It utilizes a comprehensive set of PEER™ assessment criteria, metrics, and assessment method specifications that align with the FSPHP Physician Health Program Guidelines developed through a robust consensus-building process utilizing a diverse group of subject-matter experts.

This process was incredibly helpful in identifying areas of improvement for NCPHP; the depth and breadth of analysis was incredibly helpful in improving our policies and procedures.

- Joseph Jordan, PhD, CEO, North Carolina Professionals Health Program

Through a comprehensive set of assessment criteria and metrics, the PEER™ review offers feedback to support continuous growth, rather than a formal accreditation or evaluation.

PEER™ reflects the FSPHP's belief that excellence in physician and health professional services should be continually evaluated, strengthened, and shared. Programs that participate in PEER™ position themselves as leaders in quality, effectiveness, and accountability, while gaining valuable insights that support sustainable growth and improved service delivery.

- Dr. Edwin Kim, President, FSPHP

At a time when physician well-being is under unprecedented strain, the need for specialized, high-quality, confidential PHPs that address mental health conditions, including substance use disorders, has never been more critical. This makes the achievement of the **North Carolina Professionals Health Program** especially meaningful.

By participating in the PEER™ program, PHPs are using the FSPHP PHP Guidelines to strengthen accountability, consistency, and excellence while identifying opportunities to improve the program. The review process offers an opportunity for the program to identify resource needs to support current and anticipated levels of service, thereby improving the ability of the program to contribute to workforce

health and preservation to the benefit of the profession and the public served. This commitment to continuous evaluation and improvement helps support the long-term viability of these programs and the well-being of the participants they ultimately serve.

Participating programs reported that the PEER™ experience was a turning point in strengthening the credibility of clinical decisions, supporting approval of key policies and procedures, and affirming program progress made to date. They also emphasized that the PEER™ process helped clarify operational and resource needs, enhance relationships with regulatory and other stakeholders, and provide a clear roadmap for continued program improvement, with surveyors described as professional and the process strongly recommended to other PHPs.

Thanks to a grant from [The Physicians Foundation](#), PHPs can benefit from a discount when participating in the PEER™ for a limited time.

For more information about the [North Carolina Professionals Health Program](#) or to learn how the [North Carolina Professionals Health Program](#) is advancing physician wellness, visit the North Carolina Professionals Health Program's website at www.ncphp.org or contact Joseph Jordan, PhD, at jjordan@ncphp.org.

To learn more about FSPHP-PEER™, to purchase the criteria and metrics, and/or participate: <https://www.fsphp.org/peer-program>

[About FSPHP](#): The FSPHP evolved over 35 years ago from initiatives taken by the American Medical Association, the Federation of State Medical Boards, and state medical societies. PHPs serve as a safe, confidential resource for the profession, focusing on outreach, education, and health monitoring for physicians and healthcare professionals at risk for impairment. Today, nearly every state has developed a PHP that operates within the parameters of state regulation and legislation.

The FSPHP is a non-profit 501 (c)(3) professional membership association with elected officers and an elected [Board of Directors](#). FSPHP has the largest membership in history with 49 [State Physician Health Program Members](#), and 337 total members of the association. More information about FSPHP can be found here: www.fsphp.org.