



2026-2028

FSPHP Board of Directors Statement of Interest

Name: Sandra Frazier MD, FASAM

Title: Medical Director

Organization: Alabama Professionals Health Program

Board Position on the 2026 – 2028 Ballot: Southeast Region Director

Why do you have an interest in serving on the FSPHP Board of Directors as a Board member or officer?

I have been working with healthcare professionals for most of my 30 plus year career. As an addiction medicine physician, I founded a treatment program at an academic medical center (AMC) in 1994. We had a healthcare professionals' tract and also did evaluations. Then in 2006, I pivoted to a role called Provider Health Officer, and for the last 19 years, my sole practice has been focused on seeing medical students, trainees, APPs, and MD and PhD faculty as a resource for them. I see individuals with professional and personal concerns and assist them in getting the care they need if I cannot provide care. These services are free, and I do not use the electronic record in order to preserve confidentiality. In 2018, I became Medical Director of the AL PHP in a part time capacity. I will be retiring from my position in the AMC this month and hope to work in a full-time capacity with the APHP. I think I can provide value as a Director since I have been a treatment provider, an evaluator, provided care to medical colleagues in need, and as a Medical Director of APHP. I have always advocated for the FSPHP model of care and remain passionate about giving back to my profession through the APHP as well as through the FSPHP Board of Directors. I would be honored to serve!

What is your vision for the next 2-3 years for the organization? (Please include any thoughts on objectives for accountability, consistency, and excellence measures, as well as funding initiatives.)

I think the PEER and ETA initiatives are amazing. They will give PHPs and treatment programs accountability and credibility as well as provide some uniformity. This will only serve to enhance FSPHP's reputation and standing across the nation.

What skills do you bring to the organization?

I have experience in founding a treatment center, evaluating healthcare professionals, seeing thousands of clinicians in difficulty and providing coaching for many individuals. As of 2018, I have been the Medical Director of AL PHP on a part time basis. I hope that my career thus far demonstrates my passion for caring for my colleagues. I can be disarming to anxious or angry clients and am an encourager to those who are beating themselves up for being human.