

**FSPHP Annual Education Conference & Business Meeting
April 23-26, 2014 – Grand Hyatt Denver**



***Physician Health and Well-Being:
Contemporary Issues Challenging PHPs***

Program Objectives

Upon completion of the activity, participants should be able to:

1. Describe best practices, future challenges, and benefits of utilization of performance measures by physician health programs (PHP).
2. Examine the latest research on the efficacy of PHPs, the determination of risk assessment prior to PHP monitoring, and the subsequent determination of the need for PHP monitoring.
3. Compare various drug and alcohol testing methodologies, biomarkers, frequency of testing, abnormal test results, and potential alternatives for PHPs.
4. Describe various approaches to effective monitoring of cases involving boundary violations, disruptive behavior, and professional sexual misconduct.
5. Evaluate the impact of the DSM-5 implementation on treatment and monitoring of health care professionals.

Poster Session Objectives

Upon completion of this session, participants should be able to:

1. Differentiate between the relapse-prone style and the recovery-prone style of coping with problems and stuck points in recovery.
2. Discuss the need to adapt programming to conform to the changing profile of the client (hospital site, clinic, individual physician) population.
3. Examine the effects of aging on clinical performance.
4. Identify clinician attributes and attitudes relevant to effective collaboration with physician health programs.
5. Describe ways to establish healthy boundaries in professional relationships with patients both in the workplace and in the recovering community.
6. Implement preventative measures that can reduce the prevalence of completed suicides among physicians.
7. Apply strategies designed to bring balance in physicians' lives.

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***Physician Health and Well-Being:
Contemporary Issues Challenging PHPs***

Wednesday, April 23, 2014

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| 8:30 am – 12:00 pm | FSPHP Board of Directors Meeting (<i>Open to Board of Directors</i>) (TORREYS PEAK) |
| 11:00 am – 1:00 pm | Exhibitor Set up (IMPERIAL BALLROOM) |
| 1:00 pm | Annual Meeting Registration & Exhibits Open Lunch in the IMPERIAL BALLROOM |
| 1:30 – 2:30 pm | FSPHP Committee Meetings (<i>Open to Committee Members</i>) (IMPERIAL BALLROOM) |
| 2:30 – 3:00 pm | Exhibitor Viewing – Meet and Greet Exhibitors (IMPERIAL BALLROOM) |
| 3:00 pm | WELCOME AND INTRODUCTIONS (GRAND BALLROOM) <i>Warren Pendergast, MD, FSPHP President</i> |
| 3:05 – 3:30 pm | FSPHP AND PHYSICIAN HEALTH UPDATE (<i>Ethics</i>) (GRAND BALLROOM) <i>Warren Pendergast, MD</i> |
| 3:30 – 4:30 pm | General Session I (<i>Ethics</i>) (GRAND BALLROOM) ~Ensuring Compliance: Exploring Best Practices in Drug Testing of Healthcare Professionals ~Monitoring Through Biomarkers <i>Martha E. Brown, MD, Penelope P. Ziegler, MD, Guida Brown, MS, and Douglas Lewis, D.Sc.</i> |
| 4:30 – 5:30 pm | General Session II (<i>Ethics</i>) (GRAND BALLROOM) Controversies of Pain Management in Recovering Healthcare Professionals <i>Michael P. Sprintz, DO, Andrew B. Mendenhall, MD, and Mel Pohl, MD, FASAM</i> <i>Moderator: Doris Gundersen, MD</i> |
| 5:30 - 7:00 pm | Opening Reception (IMPERIAL BALLROOM) |
| 7:30 – 8:30 pm | FSPHP Committee Meetings (<i>Open to Committee Members</i>) (IMPERIAL BALLROOM) |
| 9:00 – 10:00 pm | Open Mutual Support Meeting (CRESTONE PEAK) |

All session and events are open to all registered attendees unless otherwise noted.

Thursday, April 24, 2014

7:30 – 8:30 am Open Mutual Support Meeting (CRESTONE PEAK)

8:00 – 9:00 am Breakfast and Exhibit Viewing (IMPERIAL BALLROOM)

9:00 –10:00am

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| Concurrent Session A (Ethics) (GRAND BALLROOM) | Concurrent Workshop B (Ethics) (MT. COLUMBIA) |
| The Development of a Quality Scorecard Instrument for Measuring Physician Health Program Effectiveness <i>Amanda Shaw, MPH and Charles Meredith, MD</i> | Integrating Outcomes Reports into PHP Practice: Implications for Patient Safety, Quality Improvement and Treatment Planning <i>Michael Groat, PhD, MS</i> |

10:05—11:05 am **New Member Meeting (MT. PRINCETON)**
Warren Pendergast, MD and FSPHP Officers
Special Thanks to the FSPHP Diamond Exhibitors

11:15 - 12:00 pm **General Session III (Ethics) (GRAND BALLROOM)**
Are There Precursors for Substance Use Disorders in American Physicians
Michael R. (Mick) Oreskovich, MD, FACS

12:00 – 12:45pm Luncheon (IMPERIAL BALLROOM)

12:45 – 1:00 pm Exhibit Viewing (IMPERIAL BALLROOM)

1:00 – 2:00 pm

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| Concurrent Workshop A (Ethics) (GRAND BALLROOM) | Concurrent Session B (Ethics) (MT. COLUMBIA) |
| Risk Assessment and PHP Involvement with Complex Cases: A Roadmap for Success <i>Philip Hemphill, PhD and Scott Hambleton, MD</i> | Medical Student Participation in a State PHP: The Florida Experience <i>Lisa J. Merlo, PhD, MPE</i> |

2:05 – 3:05 pm **General Session IV (GRAND BALLROOM)**
The Impact of DSM 5 on Physician Health Programs
Penelope P. Ziegler, MD and Martha E. Brown, MD

3:05—3:35 pm **Special Presentation – FSMB Speaker (GRAND BALLROOM)**
Common Issues Facing Physician Health Programs and Licensure Boards, Including Promotion of Patient Safety
Jon V. Thomas, MD, MBA, Chair, FSMB Board of Directors

3:35 —3:45 pm Exhibit Viewing/Break (IMPERIAL BALLROOM)

3:45 – 4:45 pm **General Session V (Ethics) (GRAND BALLROOM)**
Evaluation and Treatment for the 'Disruptive' Physician
Ron L. Neufeld, BSW, LADAC, Kimberly P. Brown, PhD,
Betsy White Williams, PhD, MPH and Carolyn W. Westgate, MS, LCPC

5:00 – 5:45 pm

Poster Session - Presenters available for Q and A (MAROON PEAK)

Posters available for viewing in MAROON PEAK - Thursday, April 24 from 8am to 6pm.

A Study of Factors Associated with Physician Suicide Behavior in Tennessee Doctors

Ron L. Neufeld, BSW, LADAC and Kimberly P. Brown, PhD

Disruptive Behavior: Challenges PHPs Face in Monitoring

Martha E. Brown, MD and Penelope P. Ziegler, MD

Healthcare's Rapid Changes - How do PHPs Respond: The Kansas Perspective

Carolyn W. Westgate, MS, LCPC and Betsy White Williams, PhD, MPH

Implementation of Tobacco-Free Policy in Residential Addiction Treatment Programs for Health Professionals

Laura Martin, MD, Patricia A Pade, MD, and Yu Tack Kang, MD

Multidisciplinary Team Use of Neuropsychological Test Data; Issues and Challenges in Assessment of Health Professionals and Implications for Re-Entry

Gregory K. Gable, PsyD and Joseph Garbely, DO

Overlapping Interests and Complimentary Responsibilities: Physician Health Programs and Clinical Competence Programs

Elizabeth S. Grace, MD and Sarah R. Early, PsyD

Physician Suicide: A Growing Problem

Daniel H. Angres, MD and Kathy Bettinardi-Angres

Professional Impairment: Licensure & Disability Insurance Issues

Mark F. Seltzer, Esq.

Resident Physician Health: The University of Alberta's Innovative Approach to Learner Advocacy & Wellness

Erica Dance, MD, FRCPC

Re-Training - A Look at Recovering Physicians Entering the Field of Addiction Medicine

Scott Teitelbaum, MD, FASAM and Kenneth Thompson, MD, FASAM

The "Messaging" of a Physician Health Program - A Proactive Stance of a PHP in the Public Eye

Sarah R. Early, PsyD and Amanda L. Parry, MPA

The Journey of Recovery: Staying on the Right Road

Chip Abernathy, LPC, MAC

Vicarious Trauma and Physicians' Health

Mary Deitch, JD, PsyD

6:30 - 9:00 pm

FSPHP Board Meeting and Committee Chairs Dinner (MT. EVANS)
(Open to Board of Directors and Committee Chairs)

9:00 - 10:00 pm

Open Mutual Support Meeting (CRESTONE PEAK)

Friday, April 25, 2014



Walk The Block hosted by the Colorado Physician Health Program



6:30 – 7:30 am

7:00 – 8:00 am

Open Mutual Support Meeting (CRESTONE PEAK)

8:00 – 9:00 am

Breakfast and Exhibit Viewing (IMPERIAL BALLROOM)

9:00 – 10:00 am

PHP Administrative Topic Meeting (GRAND BALLROOM)
Show Us the Money: Enhancing the Funding of Your PHP
Steve Adelman, MD

10:00 - 11:15 am

General Session VI (Ethics) (GRAND BALLROOM)

To Monitor or Not to Monitor: That Should be the Question
Joy Albuquerque, MD, MA, FRCP and Michael Kaufmann, MD

11:15 – 11:45 am

Exhibit Viewing/Break (IMPERIAL BALLROOM)

11:45 – 12:45 pm

General Session VII (Ethics) (GRAND BALLROOM)

Clients Speak: Results from the Colorado PHP Program Evaluation
Elizabeth Brooks, PhD, Sarah R. Early, PsyD and Michael H. Gendel, MD

12:45 – 1:45 pm

Luncheon (IMPERIAL BALLROOM)

1:45 – 3:00 pm

FSPHP Regional Member Meetings (*Open to FSPHP Members*)

Western Region – MT. COLUMBIA
Southeast Region - MT. WILSON
Central Region – MT. OXFORD
Northeast Region – MT. PRINCETON

3:00 – 3:30 pm

Exhibitor Session (GRAND BALLROOM)
All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for Discussion and Feedback

3:30 – 5:30 pm

FSPHP Annual Business Meeting (*Open to FSPHP Members*) (GRAND BALLROOM)

5:30 – 5:45 pm

FSPHP Board of Directors Meeting (*Open to FSPHP Board of Directors*)
(GRAND BALLROOM)

9:00 – 10:00 pm

Open Mutual Support Meeting (CRESTONE PEAK)

Saturday, April 26, 2014

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| 6:30 – 7:30 am | Open Mutual Support Meeting (CRESTONE PEAK) |
| 7:00 – 8:00 am | Breakfast and Exhibit Viewing (IMPERIAL BALLROOM) |
| 7:30 – 8:00 am | Travel to the FSMB Meeting <i>Hyatt Regency Denver at Colorado Convention Center</i> <i>650 15th Street, Denver, CO</i> <i>~Approximately 3 blocks from Grand Hyatt Denver~</i> **Buses depart at 7:35am |
| 8:00 – 9:30 am | General Session VIII JOINT FSPHP AND FSMB @ Hyatt Regency Denver at Colorado Convention Center Generational Topics in Physician Health: From Burnout to Marijuana <i>Warren Pendergast, MD; Mick Oreskovich, MD and Doris Gundersen, MD</i> |
| 9:30—10:15 am | Travel back to FSPHP Meeting at Grand Hyatt Denver |
| 10:15 – 11:45 am | General Session IX (GRAND BALLROOM) ~Surviving Political Challenges to Your PHP: Building Stakeholder Support and Developing External Performance Measures – The Montana Experience ~Physician and Professional Health Programs; Challenges and Opportunities <i>Michael Ramirez, MS, Gary D. Carr, MD, P. Bradley Hall, MD, and Warren Pendergast, MD</i> |
| 11:45 – 12:00 pm | Exhibitor Drawings & Closing Remarks (GRAND BALLROOM) <i>Doris C. Gundersen, MD</i> |
| 12:00 pm | Adjourn |

We hope that this conference has met your expectations.

Please be sure to complete your evaluation.

Thank you!