FEDERATION OF STATE PHYSICIAN HEALTH PROGRAMS, INC.

FSPHP ANNUAL EDUCATION CONFERENCE AND BUSINESS MEETING

APRIL 19 - 22, 2013
Hyatt Regency Cambridge ● Cambridge, Massachusetts
~Will coincide with FSMB Conference~

The Development of Physician Health Programs: A Model of Social Innovation with Direct Benefits to Patients and the Public

Watch for updates at www.fsphp.org
Plan to attend this year’s event!

Each year the Federation of State Physician Health Programs (FSPHP) holds an annual meeting attended by over 200 state physician health program administrators, care providers and allied health professionals dedicated to the purposes of the FSPHP and its member state programs. This is your opportunity to network with professionals dedicated to the prevention and health of physicians and other care providers in the United States, Canada and other parts of the world.

The FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state physician health programs, to develop common objectives and goals, to develop guidelines, to enhance awareness of issues related to physician health and impairment, to provide advocacy for physicians and their health issues at local, state, and national levels, and to assist state programs in their quest to protect the public. Our mission is to support physician health programs in improving the health of medical professionals thereby contributing to quality patient care.

The FSPHP recognizes the need for different approaches by individual state organizations in delivering services and is committed to working together for the safety of the public, the medical profession, and the program participants on a national level.

PROGRAM FACULTY

Cae L. Allison, LCSW, Colorado Physician Health Program, Denver, Colo.
James Broadhurst, MD, University of Massachusetts Medical School, Worcester, Mass.
Martha E. Brown, MD, Professionals Resource Network and University of Florida, Gainesville, Fla.
Philip J. Candilis, MD, Physician Health Services, Inc., Waltham, Mass.
Jean D’Aprix, BA, RN, CARN, Professional Recovery Network, Fernandina Beach, Fla.
Ann Davidson, MSW, Ontario Medical Association Physician Health Program, Toronto, Ontario
Maureen Dinnan, Esq., HAVEN, Southington, Conn.
Robert L. DuPont, MD, Institute for Behavior and Health, Inc., Rockville, Md.
Paul Earley, MD, Georgia Physicians Health Program, Atlanta, Ga.
Sarah R. Early, PsyD, Colorado Physician Health Program, Denver, Colo.
Laura Ferguson, MD, Hazelden at Springbrook, Newberg, Ore.
Torin Finver, MD, Earley Consultancy, LLC, Atlanta, Ga.
David Gastfriend, MD, Alkermes, Inc., Waltham, Mass.
Jeanette Guerriasio, MD, University of Colorado, Denver, Colo.
Doris C. Gundersen, MD, Colorado Physician Health Program, Denver, Colo.
Scott Hambleton, MD, Mississippi Professionals Health Program, Ridgeland, Miss.
Philip Hemphill, PhD, Professional Enhancement Program at Pine Grove, Hattiesburg, Miss.
Michael Kaufmann, MD, Ontario Medical Association Physician Health Program, Toronto, Ontario
Sherri Klein, MA, Ontario Medical Association Physician Health Program, Toronto, Ontario
Janet S. Knisley, PhD, Virginia Health Practitioners’ Monitoring Program, Richmond, Va.
Jeremy A. Lazarus, MD, American Medical Association, Chicago, Ill.
Cynthia MacWilliam, MBA, Ontario Medical Association Physician Health Program, Toronto, Ontario
Lisa J. Merlo, PhD, MPE, University of Florida College of Medicine, Gainesville, Fla.
James (Jes) Montgomery, MD, Gentle Path at Pine Grove, Hattiesburg, Miss.
Warren Pendergast, MD, North Carolina Physicians Health Program, Raleigh, N.C.
Judy Rivenbark, MD, Professional Recovery Network, Fernandina Beach, Fla.
Luis T. Sanchez, MD, Physician Health Services, Inc., Waltham, Mass.
Jeffrey Selzer, MD, Committee for Physicians’ Health, Albany, N.Y.
Jo Shapiro, MD, Brigham & Women’s Hospital, Center for Professional and Peer Support, Boston, Mass.
Bernard Silverman, MD, Alkermes, Inc., Waltham, Mass.
Gregory Skipper, MD, Professionals Treatment at Promises, Los Angeles, Calif.
Patty Skolnik, Citizens for Patient Safety, Denver, Colo.
Debbie Troupe, LMHC, CAP, Professional Recovery Network, Fernandina Beach, Fla.
Penelope P. Ziegler, MD, Virginia Health Practitioners’ Monitoring Program, Richmond, Va.
The Development of Physician Health Programs: A Model of Social Innovation with Direct Benefits to Patients and the Public

APRIL 19 - 22, 2013
Hyatt Regency Cambridge ● Cambridge, Massachusetts

Program Objectives
- Describe different models and best practices of physician health programs for the benefit of professionals and patients alike through education and monitoring.
- Evaluate controversies of the use of controlled substances including the use or prescribing of medical marijuana for professionals being monitored for substance use disorders.
- Examine the latest research on the efficacy of physician health programs today and how programs promote patient safety.
- Evaluate and compare outreach, education, and health monitoring practices and their outcomes.
- Summarize testing methodologies available for monitoring and how monitoring enhances patient safety.

Who Should Attend
The program is designed for physicians of all specialties, physician assistants, attorneys, program developers, physical therapists, case managers, nurses, licensed social workers, toxicologists, scientific researchers, and clinical coordinators involved in physician health programs.

Accreditation Statement
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Texas Medical Association and Federation of State Physician Health Programs. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement
The Texas Medical Association designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics and/or Professional Responsibility Education
The Texas Medical Association has designated this activity for 9.25 hours of ethics and/or professional responsibility education.

Prerequisites of Attendees: None

Education Methods
Education methods will include didactic lecture, case presentations, workshops, and audience participation.
Friday, April 19, 2013

9:00 – 1:00 pm  FSPHP Board of Directors Meeting

11:00 – 1:00 pm  Exhibitor Set up

1:00 pm  Annual Meeting Registration Opens
Box Lunch in Exhibitor Areas

1:00 – 2:30 pm  FSPHP Committee Meetings

2:30 – 3:00 pm  Exhibitor Viewing – Meet and Greet Exhibitors

3:00 pm  WELCOME AND INTRODUCTIONS
Warren Pendergast, MD, FSPHP President

3:05 pm– 3:30 pm  CHALLENGES FACING PHYSICIAN HEALTH PROGRAMS (Ethics)
Warren Pendergast, MD

3:30 – 4:30 pm  General Session I
PROGRAM DEVELOPMENT: TWO KEY INITIATIVES TO STRENGTHEN PATIENT SAFETY AND CONTINUOUS QUALITY ASSURANCE (Ethics)
Sarah R. Early, PsyD, Patty Skolnik, and Cae L. Allison, LCSW

4:30 – 5:30  General Session II
Long-term Follow-Up of Physician Health Program Participants: An Ongoing Study
Scott Hambleton, MD, Robert L. DuPont, MD, Lisa J. Merlo, PhD, MPE
and Gregory Skipper, MD

5:30 - 7:00 pm  Opening Reception

7:00 – 9:00 pm  Optional Additional Time for Committee Meetings

9:00 – 10:00 pm  Open Mutual Support Meeting (Open to All)
Saturday, April 20, 2013

7:00 – 8:00 am  Open Mutual Support Meeting (Open to All)

7:00 – 7:30 am  Continental Breakfast and Exhibit Viewing

7:30 – 8:00 am  Travel to the FSMB Meeting *(Bus Transportation Provided)*

Sheraton Boston Hotel, 39 Dalton Street, Boston, Massachusetts 02199

8:00 – 9:30 am  **General Session III – JOINT FSPHP AND FSMB @ Sheraton Boston Hotel**

Aging and Misbehaving: Two Special Topics in Physician Health
Lance Talmage, MD, Chair of FSMB, Doris Gundersen, MD, Warren Pendergast, MD and Michael Kaufmann, MD

9:30—10:15 am  Travel back to Hyatt Regency Hotel *(Bus Transportation Provided)*

10:15—11:15 am  New Member Meeting, Warren Pendergast, MD and FSPHP Officers

*Special Thanks to the FSPHP Diamond Exhibitor “Cumberland Heights”*

11:15 - 12:00 am  **General Session IV**

**SUBSTANCE ABUSE MONITORING OF PHYSICIANS ***(Ethics)***
Michael Kaufmann, MD, Cynthia MacWilliam, MBA, Ann Davidson, MSW and Sherri Klein, MA

12:00 noon - 12:45pm  Luncheon (Open to All)

12:45 – 1:00 pm  Exhibit Viewing

1:00—1:30 pm  Special Presentation (Open to All)

**WHATALS PHYSICIANS TODAY ***(Ethics)***
Jeremy A. Lazarus, MD, American Medical Association, President

The many stresses of medicine, and the most appropriate and supportive roles for state physician health programs in helping physicians proactively deal with potentially impairing conditions

1:30 –  2:30 pm

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<th>Concurrent Session A</th>
<th>Concurrent Session B</th>
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| **24 MONTH STUDY OF EXTENDED-RELEASE NALTREXONE**
Paul Earley, MD, Bernard Silverman, MD, Asli Memisoglu, ScD. and David Gastfriend, MD | **PHYSICIAN HEALTH PEER SUPPORT ***(Ethics)***
Luis T. Sanchez, MD and Philip J. Candilis, MD |

2:30 – 3:30 pm

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| **THE IMPORTANCE OF PHYSICIAN HEALTH PROGRAMS; THE WEST VIRGINIA EXPERIENCE IN THE FIRST 5 YEARS**
P. Bradley Hall, MD | **REMEDIATION OF POOR PROFESSIONAL BEHAVIORS AMONG PRACTICING PHYSICIANS ***(Ethics)***
Jeannette Guerrasio, MD |

3:30 — 3:45 pm  Exhibit Viewing/Break

3:45 – 4:45 pm  **General Session V**

**EXPLORING THE RELIABILITY, FREQUENCY AND METHODS OF DRUG TESTING: WHAT IS ENOUGH TO ENSURE COMPLIANCE? ***(Ethics)***
Martha E. Brown, MD, Judy Rivenbark, MD, and Gregory Skipper, MD

4:45 – 5:30 pm  Exhibit Viewing and **Poster Session**

Poster Session speakers available for Q & A

6:30 —9:00 pm  FSPHP Board Meeting and Committee Chairs Dinner

9:00 - 10:00 pm  Open Mutual Support Meeting (Open to All)
Sunday, April 21, 2013

7:00 – 8:00 am  Open Mutual Support Meeting (Open to All)

9:00 – 10:00 am  Continental Breakfast and Exhibit Viewing

9:00 – 10:00 am  PHP Administrators Breakfast
 Methods for Tracking Clients Compliance within our PHPs
 Jeffrey Selzer, MD

10:00 - 11:15 am

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<td>THE LEGALIZATION OF MARIJUANA: COLLABORATION</td>
<td>TREATMENT OF TRAUMA IN HEALTHCARE PROVIDERS</td>
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<td>BETWEEN PHYSICIAN HEALTH PROGRAMS AND REGULATORY</td>
<td>Laura Ferguson, MD</td>
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<td>BODIES IN POLICY DEVELOPMENT TO PROMOTE</td>
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<td>PUBLIC SAFETY (Ethics)</td>
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<td>Doris C. Gundersen, MD, James Broadhurst, MD and Maureen Dinnan, Esq.</td>
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11:15 – 11:45 am  Exhibit Viewing/Break

11:45 – 12:45 pm  General Session VI:
 PROFESSIONALISM AND PEER SUPPORT (Ethics)
 Jo Shapiro, MD

12:45 – 1:45 pm  Luncheon (Open to All)

1:45 – 3:00 pm  FSPHP Regional Member Meetings (Open to FSPHP Members)
 ~Western Region, Southeast Region, Central Region & Northeast Region

2:45 – 3:15 pm  Exhibitor Session - All exhibitors are invited to meet with members of the FSPHP Program Planning Committee for Discussion and Feedback

3:15 – 5:30 pm  FSPHP Annual Business Meeting
 (Open to FSPHP Members)

9:00 – 10:00 pm  Open Mutual Support Meeting (Open to All)

Monday, April 22, 2013

7:00 – 8:00 am  Open Mutual Support Meeting (Open to All)

7:30 – 9:00 am  Continental Breakfast and Exhibit Viewing

9:00 – 9:15 am  Morning Welcome and Exhibit Drawings

9:15 – 10:30 am

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<th>Concurrent Workshop A</th>
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<tr>
<td>SEXUAL BOUNDARIES IN MEDICINE: CAN WE DO ANYTHING AT THIS POINT? (Ethics)</td>
<td>PROPFOLO ADDICTION – A CLINICAL REVIEW OF 22 CASES</td>
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<td>Philip Hemphill, PhD and James (Jes) Montgomery, MD</td>
<td>PAUL H. EARLEY, MD AND TORIN FINVER, MD</td>
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10:30 – 11:30 am  General Session VII
 PERFORMANCE MANAGEMENT AND QUALITY IMPROVEMENT FOR PROFESSIONALS’ MONITORING PROGRAMS
 Penelope P. Ziegler, MD

11:30 am – 12:00 pm  Exhibitor Viewing

12:00 pm  Adjourn
The Hyatt Regency Cambridge  
575 Memorial Dr. • Cambridge, MA 02139-4896  
Phone: (617) 492-1234 • Fax: (617) 491-6906—www.cambridge.hyatt.com  
Name of Block at Hotel: Federation of State Physician Health Programs  
Cut-off Date for Room Block Reservation is March 31, 2013  
Room Rate: $199.00 Single/Double  
ATTENDEES MUST MAKE ROOM RESERVATIONS BY MARCH 31st

This year the registration fee includes meeting packet, all continental breakfasts, luncheons, coffee breaks, and opening reception.

### MEETING REGISTRATION

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<tr>
<td>Registration prior to or on March 31, 2013</td>
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### TRANSPORTATION:

**Airport Transportation via Taxi:** Taxi transportation from airport to hotel and hotel to airport.

**Deadline Dates for Cancellation**

- Full refund minus $50.00 processing fee: March 22, 2013
- 50% refund minus $50.00 processing fee: March 31, 2013
- No refund: April 8, 2013

**Airport Transportation via Subway:**  
Subway (7 stops): 1.5 miles from hotel (taxi available)  
Above Ground: BU Central (Green Line), 7 Stops  
Underground: Harvard Square or Kendall Square Red Line.

**Questions or further information:**  
Debbie Brennan (dbrennan@mms.org) or Jessica L. Vautour (jvautour@mms.org)  
FSPHP, 860 Winter St. • Waltham, Massachusetts 02451  
Tel: 781-434-7343 • Fax: 781-464-4802  
FSPHP Executive Director:  
Jonathan Dougherty, M.S., jhd@fsphp.org, (518) 439-0626

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**PROGRAM PLANNING COMMITTEE**

- Mick Oreskovich, M.D., Co-Chair FSPHP Consultant/University of Wash.  
- Doris Gundersen, M.D., Co-Chair Colorado Physician Health Program  
- Linda R. Bresnaham, M.S., Co-Chair Massachusetts Physician Health Services  
- Terrance M. Bedient, FACHE Medical Society of the State of NY CPH  
- Debbie Brennan, FSPHP Staff Assistant (Massachusetts PHS)  
- Martha E. Brown, M.D., Professional Resource Network (FL)  
- Jonathan H. Dougherty, M.S., FSPHP Executive Director  
- Mary Fahey, Missouri Physicians Health Program  
- P. Bradley Hall, M.D., WV Medical Professionals Health Program  
- Scott Hambleton, M.D., Mississippi Professionals Health Program  
- Linda Kuhn, Texas Medical Association PHRC  
- Peter A. Mansky, M.D., Nevada Health Professionals Assist.  
- Warren Pendergest, M.D., North Carolina Physicians Health Program  
- Luis T. Sanchez, M.D., Massachusetts Physician Health Services  
- John Southworth, Idaho PRN  
- Jessica L. Vautour, FSPHP Staff Assistant (Massachusetts PHS)
NAME:________________________________________________________________________________
TITLE:_________________________________________________________________________________
AFFILIATION:__________________________________________________________________________
ADDRESS: ____________________________________________________________________________
CITY: ___________________________________STATE: ________ZIP CODE:_____________________
TELEPHONE WITH AREA CODE:_________________________________________________________
FAX:__________________________________________________________________________________
E-MAIL:_______________________________________________________________________________
GUEST NAME: _________________________________________________________________________

Please indicate your preference for each of the concurrent session times:

Saturday 1:30pm: _____24 Month Study of Naltrexone OR _____Physician Health Peer Support
Saturday 2:30pm: _____The Importance of Physician Health Programs: The WV Experience OR _____Remediation of Poor Professional Behaviors Among Practicing Physicians
Sunday 10:00am: _____The Legalization of Marijuana OR _____Treatment of Trauma in HC Providers
Monday 9:15am _____Sexual Boundaries in Medicine OR _____Propofol Addiction

PAYMENT METHOD: CHECKS ONLY
Please make payable to: The Federation of State Physician Health Programs

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Total Cost of Registration: $_________ $_________

Voluntary Charitable Contribution (Please specify Amount): $_______________________

The Federation of State Physician Health Programs is a 501(c)(3) organization able to receive charitable contributions. Your donation represents an unrestricted educational grant. Your organization will be acknowledged on program materials during the conference.

The FSPHP thanks you for your support and contribution towards the FSPHP’s educational efforts!

Checks made payable to: The Federation of State Physician Health Programs
(We unfortunately can not accept credit card payments.)

Mail payment and this form to: FSPHP
Att. Deborah Brennan
860 Winter Street
Waltham, Massachusetts 02451