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Introductory Statement

The following Federation of State Physician Health Programs (FSPHP) Position Statement regarding Ethyl Glucuronide (EtG) testing for ethanol consumption in program participants is intended solely for use by physician health programs for guidance and consideration.

This FSPHP Position Statement reflects the consensus of the FSPHP Task Force on Toxicology and the FSPHP Board of Directors. This Position Statement should be considered evolutionary in nature and may be modified based upon future research and/or data.

The Federation of State Physician Health Programs expressly disclaims that application of this Position Statement within any individual physician health program will result in optimal programmatic function and/or clinical outcome. The Federation of State Physician Health Programs expressly disclaims any and all responsibility for application of this Position Statement to any individual program and/or program participant.

Position Statement

FSPHP Position statement regarding Ethyl Glucuronide (EtG) testing for ethanol consumption in program participants:

1. EtG is a highly sensitive, direct metabolite of alcohol.
2. EtG is undergoing additional research in regard to appropriate clinical use and interpretation.
3. EtG is a valuable urine testing tool for alcohol exposure.
4. EtG is not recommended to be used as a sole indicator of relapse. It must be correlated with clinical and ancillary data.