

## **SAVE THE DATE!!**

## MENTAL HEALTH, RECOVERY & SUICIDE PREVENTION SUMMIT

## THURSDAY, SEPT 18, 2025

VIRTUAL PROGRAM 11:30 AM CDT/12:30 PM EDT 1 HOUR CME/CE CREDIT

## **PRESENTED BY**





A ONE-HOUR, INTERACTIVE EXPERIENCE FOR TN HEALTH PROFESSIONALS PROVIDING TANGIBLE STRATEGIES FOR MANAGING MENTAL HEALTH, REGULATING EMOTIONS, AND SUPPORTING ONE ANOTHER FEATURING BRANDON SAHO SPORTS REPORTER,

MENTAL HEALTH ADVOCATE